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| We Only Live Once |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Anna Korsgaard (DK) & Kirsthen Hansen (DK) - November 2014 |
| **Music:** | We Only Live Once - Shannon Noll |
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**Intro: 32 Count from Vocals - No Tags! No Restarts!**

**Sec.: 1. Walk Forward, Kick Ball Change, Pivot ½ Turn , Shuffle Forward**

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| 1 – 2 | Walk forward Right, Left. |

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| 3 & 4 | Kick Right forward, step ball of Right beside left, step Left beside Right. |

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| 5 – 6 | Step forward Right, Pivot ½ turn Left |

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| 7 & 8 | Step Right forward, step Left close to Right, step Right forward. |

**Sec.: 2. Walk Forward, Kick Ball Change, Pivot ½ Turn , Shuffle Forward**

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| 1 – 2 | Walk forward Left, Right. |

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| 3 & 4 | Kick Left forward, step ball of Left beside Right, step Right beside Left. |

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| 5 – 6 | Step forward Left, Pivot ½ Right |

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| 7 & 8 | Step Left forward, step Right close to Left, step Left forward. |

**Sec.: 3. Cross Rock, Chassé, Cross Rock Chassé ¼ Turn**

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| 1 - 2 | Cross rock Right over Left, recover on Left. |

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| 3 & 4 | Step Right to Right side, step Left beside Right, step Right to Right side. |

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| 5 - 6 | Cross rock Left over Right, recover on Right. |

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| 7 & 8 | Step Left to Left side, step Right beside Left, Make ¼ turn Left stepping forward on Left. |

**Sec.: 4. Cross Rock, Chassé, Cross Rock Chassé**

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| 1 - 2 | Cross rock Right over Left, recover on Left. |

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| 3 & 4 | Step Right to Right side, step Left beside Right, step Right to Right side. |

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| 5 - 6 | Cross rock Left over Right, recover on Right. |

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| 7 & 8 | Step Left to Left side, step Right beside Left, step Left to Left side. |

**Repeat**

**Enjoy and have fun it makes you happy.**

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