|  |  |
| --- | --- |
| The Bomp |  |

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| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Kim Ray (UK) - May 2015 |
| **Music:** | Who Put the Bomp? - The Overtones : (Album: Saturday Night At The Movies) |
| . |

**Intro: 8 counts once music kicks in**

**S1: TOE STRUTS, ROCKING CHAIR**

|  |  |
| --- | --- |
| 1-2 | Step forward on right toe, drop down heel |

|  |  |
| --- | --- |
| 3-4 | Step forward on left toe, drop down heel |

|  |  |
| --- | --- |
| 5-6 | Rock forward on right, recover back on left |

|  |  |
| --- | --- |
| 7-8 | Rock back on right, recover forward on left (12o/c) |

**S2: TOE STRUTS, ROCKING CHAIR**

|  |  |
| --- | --- |
| 1-2 | Step forward on right toe, drop down heel |

|  |  |
| --- | --- |
| 3-4 | Step forward on left toe, drop down heel |

|  |  |
| --- | --- |
| 5-6 | Rock forward on right, recover back on left |

|  |  |
| --- | --- |
| 7-8 | Rock back on right, recover forward on left (12o/c) |

**S3: STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS HOLD**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, hold |

|  |  |
| --- | --- |
| 3-4 | ½ pivot turn left, hold (6o/c) |

|  |  |
| --- | --- |
| 5-6 | Step forward on right, ¼ pivot turn left (3o/c) |

|  |  |
| --- | --- |
| 7-8 | Cross right over left, hold |

**S4: STEP BACK LEFT, HOLD, STEP BACK RIGHT, HOLD, LEFT SHUFFLE FORWARD, HOLD**

|  |  |
| --- | --- |
| 1-2 | Large step back on left pushing bum back, hold |

|  |  |
| --- | --- |
| 3-4 | Step right next to left, hold |

|  |  |
| --- | --- |
| 5-6 | Step forward on left, step right next to left |

|  |  |
| --- | --- |
| 7-8 | Step forward on left, hold (3o/c) |

**S5: SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER,**

|  |  |
| --- | --- |
| 1-2 | Large step to right side, hold |

|  |  |
| --- | --- |
| 3-4 | Rock back on left, recover on right |

|  |  |
| --- | --- |
| 5-6 | Large step to left side, hold |

|  |  |
| --- | --- |
| 7-8 | Rock back on right, recover on left (3o/c) |

**S6: RUMBA BOX WITH HOLDS**

|  |  |
| --- | --- |
| 1-2 | Step side right, step left next to right |

|  |  |
| --- | --- |
| 3-4 | Step forward on right, hold |

|  |  |
| --- | --- |
| 5-6 | Step side left, step right next to left |

|  |  |
| --- | --- |
| 7-8 | Step back on left, hold (3o/c) |

**S7: RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD**

|  |  |
| --- | --- |
| 1-2 | Step back on right, cross left over right |

|  |  |
| --- | --- |
| 3-4 | Step back on right, hold |

|  |  |
| --- | --- |
| 5-6 | Step back on left, step right next to left |

|  |  |
| --- | --- |
| 7-8 | Step forward on left, hold (3o/c) |

**S8: WALKS FORWARD, HOLD, RUN ¾ TURN LEFT**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, hold |

|  |  |
| --- | --- |
| 3-4 | Step forward on left, hold |

|  |  |
| --- | --- |
| 5-6 | Start to make a ¾ turn left, run round stepping right, left |

|  |  |
| --- | --- |
| 7-8 | Finish ¾ turn left, running round stepping right, left (6o/c) |

**Ending: You will finish dance facing front wall - dance first 16 counts then:-**

**Stomp right foot forward and splay arms to sides.**

**Contact: kim.ray1956@icloud.com**