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| The Peaceful Valley |  |

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| **Count:** | 48 | **Wall:** | 4 | **Level:** | Advanced waltz | . |
| **Choreographer:** | Fred Whitehouse (IRE) & Joey Warren (USA) - September 2015 |
| **Music:** | Up to the Mountain (MLK Song) - Patty Griffin |
| . |

**#15 count intro / 8-9 seconds**

**S1: Step Half Turn Pivot, Forward Full Turn,**

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| 1-2-3 | Step L fwd, Step R slightly in front of L, ½ Turn L stepping L slightly fwd |

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| 4-5-6 | Step R fwd, ½ Turn R stepping back on L, ½ Turn R stepping fwd on R |

**\* Facing 6 o’clock**

**S2: Step ¼ Turn Hitch, Cross ¼ - 3/8 Fwd**

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| 1-2-3 | Step fwd on L as you lift R foot to L knee (hitch) turning ¼ L (weight stays on L) |

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| 4-5-6 | Cross R over L, ¼ Turn R stepping back on L, 3/8 Turn R stepping R fwd |

**\* Facing 10:30**

**S3: Forward Basic Step, ½ Turn Basic**

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| 1-2-3 | Step L fwd, Step R slightly in front of L, Recover back on to L |

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| 4-5-6 | Step back on R, ½ Turn L stepping fwd on L, Step R fwd |

**\* Facing 4:30**

**S4: Step Sweep 3/8 Turn, Weave ¼ - ¼**

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| 1-2-3 | Start 3/8 Turn L stepping L fwd & sweeping R in front of L (turn over counts 2-3) |

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| 4-5-6 | Finish 3/8 turn crossing R over L, ¼ Turn R stepping back L, ¼ R stepping R to R |

**\* Facing 6 o’clock**

**S5: Weave ¼ Turn, Back Rock Step**

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| 1-2-3 | Cross L over R, ¼ Turn L stepping back on R, Step L back slightly behind R |

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| 4-5-6 | Step back on R, Rock back on ball of L, Recover R to R side (face R diagonal) |

**\* Facing 4:30**

**S6: L Twinkle Step, Step Full Turn on Diagonal**

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| 1-2-3 | Cross L over R, Rock R out to R side, Recover L (facing L diagonal) |

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| 4-5-6 | Step R fwd, ½ Turn R stepping L back, ½ Turn R stepping L fwd |

**\* Facing 1:30**

**S7: Fall Away Diamond w/ Half Turn**

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| 1-2-3 | Step L fwd, ¼ Turn L stepping R out to R, Step back on L |

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| 4-5-6 | Step back on R, ¼ Turn L stepping L out to L, Step R fwd |

**\* Facing 7:30**

**S8: Step Sweep, Step Sweep 5/8 Turn**

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| 1-2-3 | Step L fwd as you sweep R from back to front over counts 2-3 |

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| 4-5-6 | Step down on R as you start 5/8 Turn R sweeping L out and in front of R |

**(finish the 5/8 over count 5-6) \* End facing 3 o’clock**

**Ending…..dance all the way to count 21 (3/8 sweep)….hold for 4.5.6. Then Step Sweep**

**L for 123, Step L Sweep R for 456, Then Step R fwd (1), ½ R step L back (2), ½ R step L fwd sweeping R (3).**

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