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| AB Moves Like Jagger |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Helena-Marie Christiansen (SWE) - October 2015 | | | | |
| **Music:** | Moves Like Jagger (feat. Christina Aguilera) - Maroon 5 | | | | |
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**Out – Out – In – In x 2**

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| 1 – 2 | Step forward on right heel, slightly to right side. Step forward on left heel, slightly to left side |

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| --- | --- |
| 3 – 4 | Step back in place on right, step back in place on left |

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| --- | --- |
| 5 – 6 | Step forward on right heel, slightly to right side. Step forward on left heel, slightly to left side |

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| --- | --- |
| 7 – 8 | Step back in place on right, step back in place on left |

**Walk forward – Hips moving**

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| 1 – 2 | Step forward on right foot, step forward on left foot, |

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| 3 – 4 | Step forward on right foot, step left foot beside right taking weight, |

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| 5 – 6 | Push hip to the right side, weight on right. Push hip to left side, weight on left. |

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| 7 – 8 | Push hip to the right side, weight on right. Push hip to left side, weight on left. |

**Shuffle back x 2 - Vine right - touch**

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| 1 & 2 | Step right foot back, Step left foot next to right, Step right foot back, |

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| --- | --- |
| 3 & 4 | Step left foot back, Step right foot next to left, Step left foot back, |

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| --- | --- |
| 5 – 6 | Step right foot right, step left foot behind right, |

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| --- | --- |
| 7 – 8 | step right foot right and touch left toe beside right. |

**Vine ¼ turn left – touch – walk forward touch x 2**

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| 1 – 2 | Step left foot left, step right foot behind left. |

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| 3 – 4 | Turn ¼ stepping left and touch right toe beside left. |

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| 5 – 6 | Step slightly diagonal forward on right foot and touch left toe beside right. |

|  |  |
| --- | --- |
| 7 – 8 | Step slightly diagonal forward on left foot and touch right toe beside left. |

**Contact: Submitted By – Agnethe Hansen - agnethe58hansen@hotmail.com**