|  |  |
| --- | --- |
| One Reason |  |

.

|  |
| --- |
| . |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | High Beginner WCS | . |
| **Choreographer:** | Agnethe Hansen (DK) - March 2016 |
| **Music:** | One Good Reason by Tracy Chapman  |
| . |

**Intro: Start on vocal**

**S1: Walk x 2 - Anchor step – Step bag x 2 – Cross step – Step bag**

|  |  |
| --- | --- |
| 1 – 2 | Walk forward on right foot, Walk forward on left foot |

|  |  |
| --- | --- |
| 3 & 4 | Cross right foot behind left, Step left foot on place, Step right foot slightly back |

|  |  |
| --- | --- |
| 5 – 6 | Step left foot bag, step right foot bag, |

|  |  |
| --- | --- |
| 7 & 8 | cross left foot over right, step right foot bag and left foot beside right. |

**S2: Side Point switches - Heel dig switches – Hip bums ¼ turn**

|  |  |
| --- | --- |
| 1& 2& | Point right toe to right, right foot beside left. Point left toe to left, left foot beside right. |

|  |  |
| --- | --- |
| 3& 4& | Dig right heel in front, right foot beside left. Dig left heel in front, right foot beside right. |

|  |  |
| --- | --- |
| 5 – 6 | Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right |

|  |  |
| --- | --- |
| 7 – 8 | Touch left toe forward, push hip up and taking weight on left |

**S3: Extended vine right – Bag rock – Chasse left**

|  |  |
| --- | --- |
| 1 - 2& | Step right foot to the right side, cross left foot behind right, step right foot to right side |

|  |  |
| --- | --- |
| 3 – 4 | cross left foot over right and step right foot to right side. |

|  |  |
| --- | --- |
| 5 – 6 | Rock back on left, recover on right |

|  |  |
| --- | --- |
| 7 & 8 | step left foot to left side, step right foot beside left, step left foot to left side. |

**S4: Hip bums ¼ turn – Rock – Coaster step**

|  |  |
| --- | --- |
| 1 – 2 | Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right |

|  |  |
| --- | --- |
| 3 – 4 | Touch left toe forward, push hip up and taking weight on left |

|  |  |
| --- | --- |
| 5 – 6 | Rock forward on right foot and recover on left foot. |

|  |  |
| --- | --- |
| 7 & 8 | Step right foot back, Step left foot next to right, Step right foot forward |

**S5: Rock forward – Logstep bag – Bag rock – Logstep forward**

|  |  |
| --- | --- |
| 1 – 2 | Rock forward on left foot, recover on right foot |

|  |  |
| --- | --- |
| 3 & 4 | step back on left foot, cross right over left foot and step bag on left foot |

|  |  |
| --- | --- |
| 5 - 6 | Rock back on right foot, recover on left foot |

|  |  |
| --- | --- |
| 7 & 8 | Step forward on right foot, log left foot behind right and step forward on right foot |

**S6: Step ½ turn – Step ¼ turn – Step forward – Bounce x 2**

|  |  |
| --- | --- |
| 1 – 2 | Step forward on left, make a ½ turn on ball |

|  |  |
| --- | --- |
| 3 – 4 | Step forward on left and make a1/4 turn on ball |

|  |  |
| --- | --- |
| 5 – 6 | Step forward on left foot, close right foot beside left |

|  |  |
| --- | --- |
| 7 – 8 | Bounce both heels twice ending with weight on left |

**Contact ~ Mail: agnethe58hansen@hotmail.com - Website: agnethe58hansen.dk**