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| Do a Little Life |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Maddison Glover (AUS) & Michelle Risley (UK) - May 2016 |
| **Music:** | Come Do a Little Life - Mo Pitney |
| . |

**Begin dance after 8 counts, on vocals.**

**Walk, Walk, Mambo (sweep), Behind, Side, Cross, Fwd, Tap, Back, Kick**

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| 1,2,3& | Step R fwd, step L fwd, rock fwd onto R, replace weight back onto L, |

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| 4 | Step back on R (whilst sweeping L around anti-clockwise) |

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| 5&6 | Step L behind R, step R to R side, cross L over R |

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| 7&8& | Step R fwd onto R diagonal (1:30) ,tap L toe slightly behind R, step back on L, kick R fwd (1:30) |

**Modified restart occurs here 3rd wall: see below**

**Turning ¼ Coaster, Walk, Fwd, Together, Walk, Walk, Cross/Rock, Side/Rock**

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| 1&2 | Step back on R, turn 1/8 L stepping L together (12:00), turn 1/8 L stepping fwd on R (10:30) |

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| 3,4& | Turn 1/8 L stepping fwd on L (9:00), turn 1/8 L stepping R fwd (7:30), step L together |

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| 5,6 | Turn 1/8 L stepping fwd on R (6:00), turn ¼ L stepping slightly fwd on L (3:00) |

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| 7&8& | Cross/rock R over L,replace weight back on L, rock R to R, replace weight onto L |

**Note: The timing for this section is: Quick, Quick, Slow, Slow, Quick, Quick, Slow, Slow, Quick, Quick, Quick, Quick**

**Behind, Side, Cross, Side/ Replace, Cross, Vine 1/4, Fwd, Step ½ Pivot, ½ Turn Back**

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| 1&2,3&4 | Step R behind L, step L to L, cross R over L, rock L to L side, replace weight onto R, cross L over R |

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| 5&6 | Step R to R, step L behind R, turn ¼ R stepping fwd onto R (6:00) |

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| 7&8 | Step L fwd, pivot ½ turn over R (weights on R), make ½ turn over R whilst stepping back on L (6:00) |

**Back, Back, Cross x2, Side Toe/Heel Struts, Side/ Replace, Back, Together**

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| 1&2 | Step R back onto R diagonal, Step L back onto L diagonal, cross R over L (slightly angle shoulders L) |

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| 3&4 | Step L back onto L diagonal, step R back onto R diagonal, cross L over R (6:00) |

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| 5&6& | Touch R toe to R side, drop R heel to floor, Cross/ touch L toe over R, drop L heel to floor |

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| 7&8& | Rock R to R side, replace weight onto L, step back on R, step L together (6:00) |

**RESTART: During the third sequence, begin the dance facing 12:00. Dance to count (8). Replace the kick forward (&) by touching R beside L as you square up to 12:00 and RESTART.**

**Suggestion: There is a beginner line dance ‘HEY GIRL’ choreographed by Micaela Svensson Erlandsson that could be used as a split floor.**

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