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| Love's Gotta Hold On Me |  |

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| **Count:** | 32 | **Wall:** | 3 | **Level:** | Intermediate - R&B/ Be-Bop Rhythm | . |
| **Choreographer:** | Ira Weisburd (USA) & Vivienne Scott (CAN) - May 2016 |
| **Music:** | Something's Got a Hold On Me - Leela James |
| . |

**Intro: 16 counts. Start at approximately 16 sec.**

**\*Restart @ 3:00 @ approx. :42, 1:51, 2:16, 3:08**

**PART I. (LIFT, R BOTAFOGO, LIFT, L BOTAFOGO; ROCK, RECOVER, SIDE, ROCK, RECOVER, 1/4 TURN L)**

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| a1&2 | Slight Lift of L heel off ground to raise R leg slightly, Step R across L, Step L to L, Step R to R |

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| a3&4 | Slight Lift of R heel off ground to raise L leg slightly, Step L across R, Step R to R, Step L to L |

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| 5,6& | Rock R across L, Recover back onto L, Step R to R |

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| 7,8& | Rock L across R, Recover back onto R, Step L to L making 1/4 Turn L (9:00) |

**PART II. (STEP; PIVOT 1/2 TURN, STEP; SIDE ROCK, RECOVER, STEP; KICK, STEP, KICK; BACK, RECOVER)**

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| 1 | Step forward on R. |

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| 2&3 | Step forward on L. Pivot 1/2 Turn R onto R (3:00), Step forward on L. |

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| 4&5 | Rock R to right side (slightly forward). Recover onto L. Step R forward dipping down. |

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| 6&7 | Kick L forward, Step L in place, Kick R forward |

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| 8& | Step R back, Recover forward onto L |

**PART III. (1/4 R TURN, PIVOT 1/8 TURN R, FORWARD, ROCK, RECOVER; BACK,SWEEP L, BACK, SIDE, CROSS, SIDE, 1/4 L TURN)**

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| 1,2& | Step R forward making 1/4 R Turn (6:00), Rock L to L, Pivot 1/8 Turn R (7:30) |

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| 3 | Step L forward |

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| 4&5& | Rock R forward, Recover back onto L, Step R back, Sweep L from front to back to square (6:00) |

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| 6&7 | Step L behind R, Step R to R, Step L across R |

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| 8& | Step R to R, Step L to L making 1/4 L Turn (3:00) |

**PART IV. (DIAGONAL LOCK STEP R, DIAGONAL LOCK STEP L, 1/4 L TURN, TAP L; 1/4 L TURN FORWARD, LOCK, FORWARD; FORWARD, LOCK, FORWARD)**

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| 1&2& | Step R forward diagonal (4:30), Step L behind R ankle, Step R forward, Step L forward diagonal (1:30) |

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| 3&4& | Step R behind L ankle, Step L forward, Step R forward making 1/8 L Turn (12:00), Tap L toe beside R |

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| 5 | Step L to L making 1/4 L Turn (9:00) |

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| 6&7& | Step R forward, Step L behind R ankle, Step R forward, Step L forward |

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| 8& | Step R behind L ankle, Step L forward |

**REPEAT DANCE.**

**\* 4 RESTARTS (all at 3:00) Every time the dance ends facing 9:00, do PART I. (1-8) and make a 1/2 L Turn instead of 1/4 L Turn to Restart the Dance at 3:00**

**\* Ending: On the 4th Restart, do PART I, PART II, PART III. (counts 1,2&3). On Count 3 of PART III. make an extra 1/8 Turn R to face 12:00 and pose.**

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