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| The Shape of You |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | High Beginner | . |
| **Choreographer:** | Emma Skov Støttrup Mainz (DK) & Lene Mainz Pedersen (DK) - February 2017 | | | | |
| **Music:** | Shape of You - Ed Sheeran : (iTunes) | | | | |
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**Intro - 16 counts - No Tags, No Restarts!**

**(1-8) SAMBA R + L, PART OF DIAMANT R**

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| --- | --- |
| 1&2 | Cross R infront of L (10:30), Rock L to L side (12:00), Recover on R (1:30) |

|  |  |
| --- | --- |
| 3&4 | Cross L infront of R, Rock R to R side (12:00), Recover on L |

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| --- | --- |
| 5&6 | Cross R infront of L, Step back on L (1:30), Step Back on R |

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| --- | --- |
| 7&8 | Step L behind R, Step R to R side (3:00), Cross L infront of R |

**(9-16) TOUCH R, ROCK R, RECOVER, BEHIND SIDE CROSS, TOUCH L, ROCK L, BEHIND 1/4 TURN R**

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| --- | --- |
| &1-2 | Touch R toe beside L (4:30), Rock R fw to R diagonal, Recover on L (3:00) |

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| 3&4 | Step R behind L, Step L to L side, Cross R infront of L |

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| --- | --- |
| &5-6 | Touch L toe beside R (1:30), Rock L fw to L diagonal, Recover on R (3:00) |

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| 7-8 | Step L behind, Turn ¼ R Step R fw (6:00), Step L fw |

**(17-24) TOUCH R, STEP R FW, FAN R HEEL OUT & IN, COASTER, STEP 1/2 TURN R, SHUFFLE 1/2 TURN R**

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| --- | --- |
| &1&2 | Touch R toe beside L, Lean fw while Stepping fw on R, Fan R Heel out to R, Fan R Heel back to center |

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| 3&4 | Step back on R, Step L beside R, Step R fw |

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| 5-6 | Step L fw, Turn ½ R step R fw (12:00) |

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| 7&8 | Step ¼ R Step L to L side (3:00), Step R beside L, Step ¼ R step back on L (6:00) |

**(25-32) STEP 1/4 R, POINT L, HOLD, BALL CROSS SHUFFLE, SIDE ROCK, SAILOR**

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| --- | --- |
| &1-2 | Step ¼ R step R to R side (9:00), Point L to L side, HOLD |

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| --- | --- |
| &3&4 | Step L beside R, Cross R infront of L, Step L to L side, Cross R infront of L |

|  |  |
| --- | --- |
| 5-6 | Rock L to L side, Recover on R |

|  |  |
| --- | --- |
| 7&8 | Cross L behind R, Step R to R side, Step L to L side (7:30) |

**Ending: After Count 30 facing (3:00): Sailor ¼ L, Step R fw (12:00) Poooooose **

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**Last Update - 1st March 2017**