|  |  |
| --- | --- |
| No Roots |  |

.

|  |
| --- |
| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Dwight Meessen (NL) - April 2017 |
| **Music:** | No Roots - Alice Merton : (Album: No Roots) |
| . |

**Intro 24 counts**

**S1: Out Out, Hold, Ball Cross, Side, Sailor ¼ L, Cross, Point**

|  |  |
| --- | --- |
| &1-2 | RF step side (out), LF step side (out), hold |

|  |  |
| --- | --- |
| &3-4 | RF step back to center on ball foot, LF cross over, RF step side |

|  |  |
| --- | --- |
| 5&6 | LF ¼ left cross behind, RF step beside, LF step slightly forward |

|  |  |
| --- | --- |
| 7-8 | RF cross over, LF point side [9] |

**S2: Out Out, Hold, Sailor, Sailor ¼ R Into Pivot ½ L, Fwd**

|  |  |
| --- | --- |
| &1-2 | LF step side (out), RF step side (out), hold |

|  |  |
| --- | --- |
| 3&4 | LF cross behind, RF step beside, LF step side |

|  |  |
| --- | --- |
| 5&6 | RF ¼ right cross behind, LF step beside, RF step slightly forward |

|  |  |
| --- | --- |
| 7-8 | R+L ½ turn left, RF step forward [6] |

**S3: Rock Fwd Recover, Back, Point, Ball Fwd, Fwd, Out Out, Cross**

|  |  |
| --- | --- |
| 1-4 | LF rock forward, RF recover, LF step back, RF point forward |

|  |  |
| --- | --- |
| &5-6 | RF step beside on ball foot, LF step forward, RF step forward |

|  |  |
| --- | --- |
| &7-8 | LF step side (out), RF step side (out), LF cross over [6] |

**S4: Out Out, Cross, Unwind ½ L, Behind, ¼ R Fwd, Pivot ½ R, Triple Full Turn R**

|  |  |
| --- | --- |
| &1 | RF step side (out), LF step side (out) |

|  |  |
| --- | --- |
| 2-3 | RF cross over, R+L ½ turn left |

|  |  |
| --- | --- |
| 2-3 | bounce slightly |

|  |  |
| --- | --- |
| 4& | LF cross behind, RF ¼ right step forward |

|  |  |
| --- | --- |
| 5-6 | LF step forward, L+R ½ turn right |

|  |  |
| --- | --- |
| 7&8 | LF ½ right step back, RF ½ right step forward, LF step forward [9] |

**S5: Heel Switches, Coaster, Toe Switches, Behind, ¼ R Fwd, Fwd**

|  |  |
| --- | --- |
| 1&2 | RF heel forward, RF together, LF heel forward |

|  |  |
| --- | --- |
| 3&4 | LF step back, RF together, LF step forward |

|  |  |
| --- | --- |
| 5&6 | RF point side, RF together, LF point side |

|  |  |
| --- | --- |
| 7&8 | LF cross behind, RF ¼ right step forward, LF step forward [12] |

**S6: Rock Fwd Recover, Ball Rock Fwd Recover, Ball Pivot ½ L, Shuffle Fwd**

|  |  |
| --- | --- |
| 1-2 | RF rock forward, LF recover |

|  |  |
| --- | --- |
| &3-4 | RF step beside on ball foot, LF rock forward, RF recover |

|  |  |
| --- | --- |
| &5-6 | LF step beside on ball foot, RF step forward, R+L ½ turn left |

|  |  |
| --- | --- |
| 7&8 | RF step forward, LF step beside, RF step forward [6] |

**S7: Sway x2, Half Box Fwd (x2)**

|  |  |
| --- | --- |
| 1-2 | LF step side with hips left, hips right |

|  |  |
| --- | --- |
| 3&4 | LF step side, RF together, LF step forward |

|  |  |
| --- | --- |
| 5-6 | RF step side with hips right, hips left |

|  |  |
| --- | --- |
| 7&8 | RF step side, LF together, RF step forward [6] |

**S8: Pivot ½ R, Shuffle ½ R, Coaster, Fwd, Scuff**

|  |  |
| --- | --- |
| 1-2 | LF step forward, L+R ½ turn right |

|  |  |
| --- | --- |
| 3&4 | LF ¼ right step side, RF step beside, LF ¼ right step back |

|  |  |
| --- | --- |
| 5&6 | RF step back, LF together, RF step forward |

|  |  |
| --- | --- |
| 7-8 | LF step forward, RF scuff [6] |

**Start again**

**TAG 1: After the 1st and 3rd wall [6]**

**Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross**

|  |  |
| --- | --- |
| 1 | RF step side |

|  |  |
| --- | --- |
| 2&3 | LF cross behind, RF step side, LF cross over |

|  |  |
| --- | --- |
| 4 | RF step side |

|  |  |
| --- | --- |
| 5-6 | LF rock behind, RF recover |

|  |  |
| --- | --- |
| 7&8 | LF kick left forward, LF step beside on ball foot, RF cross over |

**Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross**

|  |  |
| --- | --- |
| 1 | LF step side |

|  |  |
| --- | --- |
| 2&3 | RF cross behind, LF step side, RF cross over |

|  |  |
| --- | --- |
| 4 | LF step side |

|  |  |
| --- | --- |
| 5-6 | RF rock behind, LF recover |

|  |  |
| --- | --- |
| 7&8 | RF kick left forward, RF step beside on ball foot, LF cross over |

**TAG 2: After the 5th wall [6]:**

**Out Out, Hold, Ball Cross, Hold**

|  |  |
| --- | --- |
| &1-2 | RF step side (out), LF step side (out), hold |

|  |  |
| --- | --- |
| &3-4 | RF step on ball foot back to center, LF cross over, hold |