|  |  |
| --- | --- |
| Move Your Body |  |

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| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | TJ Tett (IRE) - May 2017 |
| **Music:** | Move Your Body - Sia |
| . |

**Section 1 - Weave Right, Rock Back, ¼ R, ¼ R**

|  |  |
| --- | --- |
| 1,2&3,4 – | Step R foot to R Side, Cross L Behind R, Step R to R Side, Cross L over R, Step R to R side |

|  |  |
| --- | --- |
| 5,6 – | Rock back on L, Recover on R |

|  |  |
| --- | --- |
| 7,8 – | ¼ turn R Stepping back on L, ¼ turn R Stepping R to R side |

**Section 2 - Cross, Hold, & Behind ¼, Pivot ½, Step L, ½ turn steeping back on R.**

|  |  |
| --- | --- |
| 1,2 – | Cross L over R, Hold, |

|  |  |
| --- | --- |
| &3,4 – | Step R to R side, Cross L Behind R, ¼ Turn R stepping Forward on R. |

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| --- | --- |
| 5,6 – | Step Forward on L, Pivot ½ Turn Right (3:00) |

|  |  |
| --- | --- |
| 7,8 – | Step Forward on L, ½ turn L stepping back on R (9:00) |

**Section 3 - Step L back, Drag R, Walk forward L, R, L Cross Side Rock, R Cross Side Rock (Travelling Forward)**

|  |  |
| --- | --- |
| 1,2 – | Step L foot Back, Drag R next to L |

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| --- | --- |
| &3,4 – | Walk Forward L, R |

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| --- | --- |
| 5&6 – | Cross L over R, Rock R to R side, Replace Weight onto L |

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| --- | --- |
| 7&8 – | Cross R over L, Rock L to L side, Replace Weight onto R |

**Section 4 - Cross, ¼, Cross, Side, Rock Back, & Touch L, Touch R**

|  |  |
| --- | --- |
| 1,2&3,4 – | Cross L over R, ¼ turn L stepping Back on R, Replace Weight onto L, Cross R over L, Step L to L side. |

|  |  |
| --- | --- |
| 5,6 – | Rock back on R, Recover on L |

|  |  |
| --- | --- |
| &7 – | Step R to R side, Touch L next to R |

|  |  |
| --- | --- |
| &8 – | Step L to L side, Touch R next to L |

**Section 5 - Point R, Point L, R Heel, Touch L foot Forward, 2 Hip Bumps Forward & Back, Step L foot down, Sweep R over L**

|  |  |
| --- | --- |
| 1&2&3&4 – | Point R to R side, Step R foot Next to L, Point L to L side, Step L foot Next to R, R heel Forward, Step R foot next to L, Touch L foot Forward |

|  |  |
| --- | --- |
| 5,6 – | 2 Hips bumps, 1 forward, 1 Back |

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| --- | --- |
| 7,8 – | Step L Foot Down, Sweep R Leg over L |

**Section 6 - R Cross Back Side, L Cross Back Side, Rock Back on R, Walk forward R, L**

|  |  |
| --- | --- |
| 1&2,3&4 – | Cross R over L, Step L foot back, Step R to R side, Cross L over R, Step R foot Back, Step L to L side |

|  |  |
| --- | --- |
| 5,6 – | Rock back on R, Recover on L |

|  |  |
| --- | --- |
| 7,8 – | Walk forward R, L |

**Section 7 - Pivot ½ Turn, R Shuffle Forward, ¾ Turn, Left Cross Shuffle**

|  |  |
| --- | --- |
| 1,2 – | Step Forward on R, Pivot ½ left (12:00) |

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| --- | --- |
| 3&4 – | Right Shuffle Forward |

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| --- | --- |
| 5,6 – | ½ Turn stepping back on L, ¼ Turn R Stepping R to R side (9:00) |

|  |  |
| --- | --- |
| 7&8 – | Cross L over R, Step R to R Side, Cross L over R |

**Section 8 - Side Rock, Behind Side Cross, ¾ Turn, Left Shuffle Forward**

|  |  |
| --- | --- |
| 1,2 – | Rock R to R side, Recover on L |

|  |  |
| --- | --- |
| 3&4 – | Cross R behind L, Step L to L Side, Cross R over L |

|  |  |
| --- | --- |
| 5,6 - | 1/4 Turn R Stepping back on L, ½ Turn R Stepping Forward on R (6:00) |

|  |  |
| --- | --- |
| 7&8 – | Left Shuffle Forward |

**Restart - Wall 3 & Wall 6 - After Section 4, Restart your Dance.**

**Tag - Wall 7 - After Section 4 - 8 Count Tag**

|  |  |
| --- | --- |
| 1,2 - | Step Forward R, Pivot Turn Left, |

|  |  |
| --- | --- |
| 3,4 - | Step Forward R, Pivot Turn Left |

|  |  |
| --- | --- |
| &5&6 - | Step R to R side, Touch L next to R, Step L to L side, Touch R next to L |

|  |  |
| --- | --- |
| 7&8 - | Right Kickball Cross |

**Released at Dance Crazy Spain Week 2017**

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**Last Update - 12th May 2017**