|  |  |
| --- | --- |
| Lay Down & Dance |  |

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|  |
| --- |
| . |
| **Count:** | 48 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Janet Hicks - March 2017 |
| **Music:** | Baby Lets Lay Down And Dance - Garth Brooks |
| . |

**#32 Ct Intro**

**S1: WALK FORWARD –TRIPLES**

|  |  |
| --- | --- |
| 1-2 | Walk Fwd R-L, |

|  |  |
| --- | --- |
| 3&4 | Triple Forward R-L-R |

|  |  |
| --- | --- |
| 5-6 | Walk Fwd L-R |

|  |  |
| --- | --- |
| 7&8 | Triple Forward L-R-L |

**S2: ROCK, RECOVER, COASTER STEP X 2**

|  |  |
| --- | --- |
| 1-2 | Rock Forward On R, Recover Weight On L |

|  |  |
| --- | --- |
| 3&4 | Step Back R, Step Together L, Step R Forward |

|  |  |
| --- | --- |
| 5-6 | Rock Forward On Left, Recover Weight On R |

|  |  |
| --- | --- |
| 7&8 | Step Back L, Step Together R, Step Forward L |

**S3: SAILOR STEPS WITH1/4 TURNS**

|  |  |
| --- | --- |
| 1&2 | Right Sailor- Step R Behind L, Step Side L, Step R To Right Side |

|  |  |
| --- | --- |
| 3&4 | Left Sailor- Step L Behind R, Step R To Side, Step L To Side 1/4 Turn Left |

|  |  |
| --- | --- |
| 5& 6 | Right Sailor –Step R Behind L, Step Side L, Step R To Right Side |

|  |  |
| --- | --- |
| 7&8 | Left Sailor- Step L Behind R, Step R To Side, Step L To Side 1/4 Turn Left - 6 o’clock |

**S4: HEEL SWICTHES—WALK FORWARD X2**

|  |  |
| --- | --- |
| 1&2& | Touch R Heel Forward, Step On R, Touch L Heel Forward, Step On L |

|  |  |
| --- | --- |
| 3-4 | Walk Forward R-L |

|  |  |
| --- | --- |
| 5&6& | Touch R Heel Forward, Step On R, Touch L Heel Forward, Step On L |

|  |  |
| --- | --- |
| 7-8 | Walk Forward R-L |

**\*\*\*\*RESTART HERE ON 3RD WALL FACING 6 o’clock**

**S5: HALF TURNS WITH COASTER STEPS**

|  |  |
| --- | --- |
| 1-2 | Step Forward R, Step Forward L - Making ½ Turn Right |

|  |  |
| --- | --- |
| 3&4 | Step Back R, Step Together With L, Step Forward R |

|  |  |
| --- | --- |
| 5-6 | Step Forward L, Step Forward R- Making ½ Turn Left |

|  |  |
| --- | --- |
| 7&8 | Step Back L, Step Together With R, Step Forward L - 6 O’clock |

**\*\*\*\*RESTART HERE ON 6th WALL FACING 12’oclock**

**S6: KICK BALL CHANGE X 2 SIDE TOUCHES—HEEL SWITCHES**

|  |  |
| --- | --- |
| 1&2 | Kick R Forward, Step On Ball Of Right Foot, Step On Left Foot |

|  |  |
| --- | --- |
| 3&4 | Repeat 1&2 Above |

|  |  |
| --- | --- |
| 5&6 | Touch Rt Toe To Right, Step R Next Left, Touch L Toe To Left Side |

|  |  |
| --- | --- |
| &7&8& | Step L Next To R ,Touch R Heel Forward , Step On Right, Touch L Heel Forward, Step On L |

**Contact: hickup42@gmail.com**

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