|  |  |
| --- | --- |
| Feel The Moment |  |

.

|  |
| --- |
| . |
| **Count:** | 56 | **Wall:** | 1 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | David Villellas (IT) - June 2017 |
| **Music:** | Walla Walla Prison - Scotty Alexander |
| . |

**Seq: A - B - A - B - A - B - A - C - B - A - B - Tag - A (Restart) - A - C - B - A (Restart)- A(End)**

**A : 19 counts**

**Sect A1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT**

|  |  |
| --- | --- |
| 1 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 2 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 3 & | Jump out R forward L back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 4 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 5 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 6 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 7 & | Jump out L forward R back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 8 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and ¼ Turn left |

**Sect A2: ½ LEFT TURNING "RUNNING MAN" RIGHT AND ½ LEFT TURNING "RUNNING MAN" LEFT**

|  |  |
| --- | --- |
| 1 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 2 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and ¼ Turn left |

|  |  |
| --- | --- |
| 3 & | Jump out R forward L back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 4 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and ¼ turn left |

|  |  |
| --- | --- |
| 5 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 6 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and ¼ turn left |

|  |  |
| --- | --- |
| 7 & | Jump out L forward R back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 8 | Jump out L forward R back weight on both feet |

**A-Restart here**

**Sect A3: FULL TURN RIGHT WITH STOMP, STOMP UP**

|  |  |
| --- | --- |
| 1 | ½ Turn right step R |

|  |  |
| --- | --- |
| 2 | ½ Turn right stomp L |

|  |  |
| --- | --- |
| 3 | Stomp up R next to L |

**A(End)**

**Sect AE1: "RUNNING MAN" RIGHT 2x FULL TURN WITH STOMP**

|  |  |
| --- | --- |
| 1 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 2 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 3 & | Jump out R forward L back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 4 | Jump out R forward L back weight on both feet |

|  |  |
| --- | --- |
| 5 - 6 | ½ Turn right step back L - ½ Turn right step forward R |

|  |  |
| --- | --- |
| 7 - 8 | ½ Turn right step back L - ½ Turn right stomp forward R heavymetalcowboy.ch |

**B: 18 counts**

**Sect B1: CHARLSTEN STEP WITH SWIVEL ACTON (STARTING RIGHT), SHUFFLE STEP SIDEWARDS, STEP, TOUCH (ALTERNATIV WITH SWIVEL ACTION)**

|  |  |
| --- | --- |
| & | Swivel L heel to left and flick R slightly to side |

|  |  |
| --- | --- |
| 1 | Step forward R, swivel R heel to left and L heel right at same time |

|  |  |
| --- | --- |
| & | Swivel L heel to left and flick R slightly to side |

|  |  |
| --- | --- |
| 2 | Step back R, swivel R heel to left and L heel right at same time |

|  |  |
| --- | --- |
| & | Swivel R heel to right and flick L slightly to side |

|  |  |
| --- | --- |
| 3 | Step back L, swivel L heel to right and R heel left at same time |

|  |  |
| --- | --- |
| & | Swivel R heel to right and flick L slightly to side |

|  |  |
| --- | --- |
| 4 | Step forward L, swivel L heel to right and R heel left at same time |

|  |  |
| --- | --- |
| & | Swivel L toe to right and flick R slightly to side |

|  |  |
| --- | --- |
| 5 | Swivel L heel to right and step R next to L, swivel R heel to left at same time |

|  |  |
| --- | --- |
| & | Swivel L toe to right and flick R slightly to side |

|  |  |
| --- | --- |
| 6 | Swivel L heel to right and step R next to L, swivel R heel to left at same time |

|  |  |
| --- | --- |
| 7 | Step forward R |

|  |  |
| --- | --- |
| 8 | Touch L forward |

**Alternativ: Normal Charlsten Step for count 1 to 4**

**Swivel Action for count 7 to 8 (Charlsten Step)**

**Sect B2: ½ TURN, FULL TURN JUMPING JAZZBOX, BACK ROCK, GRAPEVINE, TOUCH, 1 ½ ROLLING VINE, KICK**

|  |  |
| --- | --- |
| 1 | ½ Turn left step L |

|  |  |
| --- | --- |
| 2 & | ¼ Turn left cross R over L - ¼ Turn left kick R forward |

|  |  |
| --- | --- |
| 3 & | ¼ Turn left kick L - ¼ Turn left Cross L over R |

|  |  |
| --- | --- |
| 4 & | Back Rock R - Recover on L |

|  |  |
| --- | --- |
| 5 & | Side step R - Cross L behind R |

|  |  |
| --- | --- |
| 6 & | Side step R - Touch L to side |

|  |  |
| --- | --- |
| 7 & | ½ Turn left step L - ½ Turn left step R |

|  |  |
| --- | --- |
| 8 & | ½ Turn left step L - Kick forward R |

**Sect B3: FULL TURN RIGHT, STOMP UP**

|  |  |
| --- | --- |
| 1 & | ½ Turn left Step R - Flick L and turn ½ left |

|  |  |
| --- | --- |
| 2 | Step L heavymetalcowboy.ch |

**C: 19 counts**

**Sect C1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT**

|  |  |
| --- | --- |
| 1 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 2 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 3 & | Jump out R forward L back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 4 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 5 & | Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L |

|  |  |
| --- | --- |
| 6 & | Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R |

|  |  |
| --- | --- |
| 7 & | Jump out L forward R back weight on both feet - Jump both back to center |

|  |  |
| --- | --- |
| 8 | Jump out L forward R back weight on both feet |

**Sect C2: ROCK, ½ TURN, ½ TURN STOMP, FLICK, STOMP, APPLE JACK**

|  |  |
| --- | --- |
| 1 - 2 | Jumping rock step forward right - ½ Turn right step R |

|  |  |
| --- | --- |
| 3 & 4 | ½ Turn right stomp up L - Flick L and slap with left hand - Stomp L next to R |

|  |  |
| --- | --- |
| & 5 | Swivel L heel to right and R toe right - back to center |

|  |  |
| --- | --- |
| & 6 | Swivel R heel to left and L toe to left - back to center |

|  |  |
| --- | --- |
| & 7 | Swivel L heel to right and R toe right - back to center |

|  |  |
| --- | --- |
| & 8 | Swivel R heel to left and L toe to left - back to center |

**Sect C3: FULL TURN RIGHT, STOMP UP**

|  |  |
| --- | --- |
| 1 | ½ Turn right step R |

|  |  |
| --- | --- |
| 2 | ½ Turn right stomp L |

|  |  |
| --- | --- |
| 3 | Stomp up R next to L |

**Tag:-**

**Sect T1 KICK, ½ TURN FLICK, ½ TURN KICK, FLICK, KICK, FLICK, STOMP**

|  |  |
| --- | --- |
| 1 & | Kick forward R - ½ Turn left with flick L (Jumping on R) |

|  |  |
| --- | --- |
| 2 & | ½ Turn left and kick L - Jump on L and flick back R |

|  |  |
| --- | --- |
| 3 & | Kick forward R - Jump on R and flick back L |

|  |  |
| --- | --- |
| 4 | Stomp L next to R |

**Contact: michael@boots-at-line.de**