|  |  |
| --- | --- |
| Lonely For You Only |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Alison Metelnick (UK) & Peter Metelnick (UK) - October 2017 | | | | |
| **Music:** | Lonely for You Only - Midland | | | | |
| . | | | | | | |

**Start after 32 count intro when the beat kicks in (approx. 27secs) – 109bpm – 3mins 49secs**

**Music Available: Amazon**

**[1-8] R chassé, L back rock/recover, L/R step touches**

|  |  |
| --- | --- |
| 1&2 | Step R side, step L together, step R side |

|  |  |
| --- | --- |
| 3-4 | Rock L back, recover weight on R |

|  |  |
| --- | --- |
| 5-6 | Step L side, touch R together |

|  |  |
| --- | --- |
| 7-8 | Step R side, touch L together |

**[9-16] L chassé, R back rock/recover, R/L step touches**

|  |  |
| --- | --- |
| 1&2 | Step L side, step R together, step L side |

|  |  |
| --- | --- |
| 3-4 | Rock R back, recover weight on L |

|  |  |
| --- | --- |
| 5-6 | Step R side, touch L together |

|  |  |
| --- | --- |
| 7-8 | Step L side, touch R together |

**[17-24] R fwd shuffle, L fwd shuffle, R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn**

|  |  |
| --- | --- |
| 1&2 | Step R forward, step L together, step R forward |

|  |  |
| --- | --- |
| 3&4 | Step L forward, step R together, step L forward |

**TAG/RESTART: On walls 5 & 10 which start facing front wall, dance first 20 counts and add the following 4 count Tag – R jazz box cross – and then Restart the dance again facing the front wall.**

**[1-4] Cross step R over L, step L back, step R side R, cross step L over R**

|  |  |
| --- | --- |
| 5-6 | Step R forward, pivot ¼ left (9 o’clock) |

|  |  |
| --- | --- |
| 7-8 | Step R forward, pivot ¼ left (6 o’clock) |

**[25-32] R cross point, L cross point, ¼ R jazz box cross**

|  |  |
| --- | --- |
| 1-2 | Cross step R over L, point L side |

|  |  |
| --- | --- |
| 3-4 | Cross step L over R, point R side |

|  |  |
| --- | --- |
| 5-6 | Cross step R over L, turning ¼ right step L back (9 o’clock) |

|  |  |
| --- | --- |
| 7-8 | Step R side, cross step L over R |

**Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website: www.thedancefactoryuk.co.uk**

**Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P**