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| Ben |  |

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| **Count:** | 40 | **Wall:** | 2 | **Level:** | Easy Intermediate | . |
| **Choreographer:** | Andre Adhitama Rizal (INA) - December 2017 |
| **Music:** | Ben - Michael Jackson |
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**Intro: 16 Counts (on vocals)**

**S1: BASIC, 1/4 TURN R STEP BACK, 1/4 TURN R STEP SIDE, CROSS, SIDE ROCK, RECOVER, CROSS, 1/4 TURN STEP L BACK, 1/2 TURN STEP R FORWRD, STEP FORWARD L & R**

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| 1-2&3 | Step R long step to right side(1), Rock L behind R (2), Recover onto R (&), 1/4 Turn right step back on L (3)(3:00) |

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| 4&5 | 1/4 turn right step R to right side (4) (6:00), Cross L over R (&), Rock side R to right (5) (6:00) |

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| &6& | Recover onto L (&), Cross R over L (6), 1/4 Turn right step back on L (&) (9:00) |

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| 7&8 | 1/2 turn right Step R forward (7) (3:00), Step forward on L (&), Step forward on R (8) |

**S2: BIG STEP BACK, BACK, 1/4 TURN L SIDE, CROSS/ROCK, RECOVER, SIDE, CROSS WITH SWEEP, FORWARD WITH SWEEP, ROCK FORWARD, TURN 1/4 LEFT, FORWARD**

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| 1-2& | Step back L long step(1), Step back on R (2), 1/4 Turn left step L to left side(&) (12:00) |

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| 3-4& | Cross R over L (3), Recover onto L (4), Step R to right side (&) |

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| 5-7 | Cross L over R sweeping R (5), Step forward R sweeping L (6), Step forward L (7) |

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| 8&1 | Rock forward R (8), 1/4 Turn left Recover onto L (&) (9:00), Rock forward R (1) |

**S3: RECOVER, BACK, BACK WITH HITCH, SCISSOR STEP, SYNCOPATED MAMBO CROSS, MAMBO TURN 1/4 LEFT, STEP FORWARD**

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| 2&3 | Recover onto L (2), Step Back on R (&), Step back on L Hitch R (3) |

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| 4&5 | Step R to right side (4), Step L beside R (&), Cross R over L (5) |

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| 6&7 | Side rock onto L (6), Recover onto R (&), Cross L over R (7) |

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| &8&1 | Side rock onto R (&), Recover onto L (8), 1/8 Turn left Step R forward (&) (7:30), Step forward on L (1) |

**S4: FORWARD, TURN 1/2 LEFT, FORWARD, FORWARD, TURN 1/2 RIGHT, FORWARD, ROCKING CHAIR, LOCKED SHUFFLE**

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| 2&3 | Step forward on R (2), 1/2 Turn left recover onto L (&) (1:30), Step forward on R (3) |

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| 4&5 | Step forward on L (4), 1/2 Turn right recover onto R (&) (7:30), Step forward on L (5) |

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| 6&7 | Rock Forward R (6), Recover onto L (&) Back Rock on R (7) |

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| &8& | Recover onto L (&), Step R forward (8), Step Lock L behind R (&) (7:30) |

**Note: Restart happen here on wall 3 & 4**

**S5: DIAMOND SHAPE FALL AWAY FULL TURN LEFT**

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| 1-2&3 | Step R forward (1), Cross L over right (2), 1/8 Turn left back onto R (&) (4:30), Step L back (3) |

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| 4&5 | Step R Behind L (4), Turn 1/8 left step L forward (&) (1:30), Step R forward (5) |

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| 6&7 | Cross L over R (6), Turn 1/8 left step R back (&) (10:30), Step L back (7) |

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| 8& | Step R Behind L (8), Turn 1/4 left Step L forward (&) (7:30) |

**REPEAT**

**For more info about song & step sheet please contact: adhitama.rizal@gmail.com**

**Submitted by: Mamek - roosamekto.nugroho@gmail.com**