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| Shivers |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Marine (FR) - February 2018 | | | | |
| **Music:** | Shivers - Rachel Platten | | | | |
| . | | | | | | |

**Introduction : 16 counts**

**STEP, CROSS SAMBA , STEP, CROSS SAMBA, STEP, HITCH**

|  |  |
| --- | --- |
| 1-2 | Step R Fwd, Cross L over R |

|  |  |
| --- | --- |
| &3 | Rock R to R, Recover (weight on L) |

|  |  |
| --- | --- |
| 4-5 | Step R Fwd, Cross L over R |

|  |  |
| --- | --- |
| &6 | Rock R to R, Recover (weight on L) |

|  |  |
| --- | --- |
| 7-8 | Step R Fwd, Knee Lift L (12:00) |

**ROCK FWD, RECOVER, 1/4 TURN L WITH L CHASSE, CROSS R OVER L, STEP L SIDE, CROSS R BEHIND L, STEP L SIDE, R HEEL**

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| --- | --- |
| 1-2 | Rock L Fwd, Recover (weight on R) |

|  |  |
| --- | --- |
| 3&4 | 1/4 turn L with Chasse on L Stepping L-R-L (9:00) |

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| --- | --- |
| 5-6 | Cross R over L, Step L on L |

|  |  |
| --- | --- |
| 7&8 | Cross R behind L, Step L next to R (&), R Heel R side |

**R FLAT, POINT L FOOT OVER R WITH 1/2 TURN L, SHUFFLE FWD, ROCK STEP FWD, RECOVER, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | R Flat, Point L over R with ½ Turn L (3:00) |

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| --- | --- |
| 3&4 | Shuffle Fwd Stepping L-R-L |

|  |  |
| --- | --- |
| 5-6 | Rock R Fwd, Recover weight on L |

|  |  |
| --- | --- |
| 7&8 | Step Back on R (7), Step L next to R (&), Step Fwd on R (8) |

**1/4 TURN L WITH L SHUFFLE FWD, R HITCH, CROSS SHUFFLE, 1/4 TURN L, ROCK FWD, RECOVER, L HITCH, L STEP BACK WITH R HITCH**

|  |  |
| --- | --- |
| 1&2 | 1/4 turn L with shuffle Fwd Stepping L-R-L (12 :00) |

|  |  |
| --- | --- |
| &3&4 | Knee Lift R (&), Cross R over L (3), Step L next to R (&), Cross R over L (4) |

|  |  |
| --- | --- |
| 5-6 | 1/4 turn L with Rock Fwd on L (5), Recover weight on R (6) (9:00) |

|  |  |
| --- | --- |
| 7-8 | Knee Lift L (7), Step Back on L with Knee Lift R (8) (9:00) |

**Contact : vocadance@hotmail.fr**