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| Limbo Lady |  |

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| . |
| **Count:** | 64 | **Wall:** | 1 | **Level:** | Intermediate merengue contra dance | . |
| **Choreographer:** | Rob Fowler (ES) |
| **Music:** | Limbo Lady - The Dean Brothers |
| . |

**SIDE TOGETHERS SYNCOPATED (LEFT, RIGHT)**

|  |  |
| --- | --- |
| 1& | Left to side, right together |

|  |  |
| --- | --- |
| 2& | Left to side, right together |

|  |  |
| --- | --- |
| 3 | Left to side |

|  |  |
| --- | --- |
| 4 | Touch right next to left and clap hands to left side making hula motions during 1-4 |

|  |  |
| --- | --- |
| 5-8 | Repeat 1-4 starting to the right side, hands to right side making hula motions during 5-8 |

**PADDLE TURNS TO THE RIGHT (X4)**

|  |  |
| --- | --- |
| 9-10 | Step forward left, paddle ¼ turn to right |

|  |  |
| --- | --- |
| 11-16 | Repeat 9-10 (3 more times to complete a full turn). Roll hands over each other in front of chest as you go (right hand to the right); similar to "Staying Alive" dance. |

**SIDE TOGETHERS (LEFT, RIGHT, LEFT, RIGHT WITH ¼ TO THE LEFT)**

|  |  |
| --- | --- |
| 17-24 | Repeat 1-8 |

|  |  |
| --- | --- |
| 25-32 | Repeat 1-8 making ¼ turn left on last beat |

**SYNCOPATED JUMPS (WITH ½ TO THE RIGHT, THEN ¼ TO THE LEFT)**

|  |  |
| --- | --- |
| &33 | Jumps forward right, left with feet slightly apart |

|  |  |
| --- | --- |
| &34 | Jumps forward right, left with feet slightly apart |

|  |  |
| --- | --- |
| &35 | Jumps forward right, left with feet slightly apart |

|  |  |
| --- | --- |
| & | Jumps forward right |

|  |  |
| --- | --- |
| 36 | Jumps with left making ½ turn right |

|  |  |
| --- | --- |
| &37-39 | Repeat &33-35& |

|  |  |
| --- | --- |
| 40 | Jumps with left making ¼ turn left |

**SYNCOPATED JUMPS WITH LIMBO ACTION**

|  |  |
| --- | --- |
| &41-44 | Repeat &33 four times |

**PADDLE TURNS TO THE LEFT (TWICE)**

|  |  |
| --- | --- |
| 45-46 | Step forward right, paddle ¼ turn to left and roll hips |

|  |  |
| --- | --- |
| 47-48 | Step forward right, paddle ¼ turn to left and roll hips |

**SIDE TOGETHERS**

|  |  |
| --- | --- |
| 49-52 | Left to side, right together, left side, right together (rolling hands held over head) |

|  |  |
| --- | --- |
| 53-56 | Right side left together, right side left together (rolling hands down at waist level) |

**SYNCOPATED JUMPS WITH LIMBOS**

|  |  |
| --- | --- |
| 57-64 | Repeat 41-48 |

**REPEAT**

**This dance is a contra line dance to have some fun with. On beats 41-44 one side of the contra line joins hands at the arms length while the other side limbo under the arms on the jumps forward. On beats 57-60 the opposite side join hands etc.**