|  |  |
| --- | --- |
| S & A Boogie |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Samantha Majors (USA) & Altie Majors (USA) |
| **Music:** | No News - Lonestar |
| . |

**STEP RIGHT, STEP LEFT**

|  |  |
| --- | --- |
| 1-2 | Step right foot to right with knee roll out, then step home |

|  |  |
| --- | --- |
| 3-4 | Step left foot to left with knee roll out, then step home |

**KICK BALL CHANGES**

|  |  |
| --- | --- |
| 5-8 | Two right kick ball changes |

**¼ TURN CHUGS**

|  |  |
| --- | --- |
| 9-12 | Make a ¼ turn to the left using 4 chugs with right leg |

**VINE AND ROLLING VINE**

|  |  |
| --- | --- |
| 13-16 | Vine to right. (end with a scuff) |

|  |  |
| --- | --- |
| 17-20 | Rolling vine to left. (end with a stomp) |

**BACKWARDS SHUFFLES**

|  |  |
| --- | --- |
| 21-24 | Two backwards shuffles starting with right leg |

**WALK FORWARD**

|  |  |
| --- | --- |
| 25-28 | Walk forward (right-left-right) and kick left leg |

**STEP HIP BUMPS**

|  |  |
| --- | --- |
| 29-30 | Step left leg to rear with 2 hip bumps |

**STEP HIP ROLLS**

|  |  |
| --- | --- |
| 31-32 | Step left leg home with 2 hip rolls. (roll hips to the right, ending with weight on left foot) |

**REPEAT**

**Last Update - 21 Oct 2023**