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| Sailing |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver nightclub | . |
| **Choreographer:** | Jo Kinser (UK) & John Kinser (UK) |
| **Music:** | Sailing - Rod Stewart |
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**SIDE ROCK STEP FORWARD, STEP TURN STEP, STEP LOCK STEP, ROCK STEP BACK**

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| 1-2& | Step left side left, rock right behind left, recover weight left (basic night club step) |

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| 3-4&5 | Step right forward, step left forward, make ½ turn right (weight right), step left forward |

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| 6&7 | Step right forward, lock left behind right, step right forward |

**Intermediate: full turn left - make ½ turn left step back right, make ½ turn left step forward left, step forward right**

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| 8&1 | Rock forward left, replace weight right, step left back |

**SWEEP SWEEP SWEEP & CROSS, ROCK STEP CROSS, TURN TURN CROSS**

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| 2-3 | Sweep right around and step back, sweep left around and step back |

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| --- | --- |
| 4&5 | Sweep right around and step behind left, step left side left, step right over left |

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| --- | --- |
| 6&7 | Rock left side left, replace weight right, step left over right |

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| --- | --- |
| 8&1 | Make ¼ turn left stepping right back, make ¼ turn left stepping left side left, step right over left |

**TURN TURN FORWARD, ROCK TURN STEP, ROCK TURN STEP, 1-¼ TURN**

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| --- | --- |
| 2&3 | Make ¼ turn right stepping left back, make ¼ turn right stepping right side right, step left forward |

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| --- | --- |
| 4&5 | Rock right forward, replace weight left, make ½ turn right stepping right forward |

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| --- | --- |
| 6&7 | Rock left forward, replace weight right, make ½ turn left stepping left forward |

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| --- | --- |
| 8&1 | Make ½ turn left stepping right back, make ½ turn left stepping left forward, make ¼ turn left stepping right side right |

**Beginner: walk forward right, left, ¼ turn left step right side right**

**ROCK STEP SIDE, ROCK STEP SIDE, SWAY, SWAY, ROCK STEP**

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| --- | --- |
| 2&3 | Rock left behind right, replace weight right, step left side left (basic night club step) |

|  |  |
| --- | --- |
| 4&5 | Rock right behind left, replace weight left, step right side right (basic night club step) |

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| --- | --- |
| 6-7 | Transfer weight left (sway), transfer weight right (sway) |

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| --- | --- |
| 8& | Rock left behind right, replace weight right |

**REPEAT**

**TAG**

**After 4th wall there are 2 counts before the 5th wall**

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| --- | --- |
| 1-2 | Step left side left (sway), transfer weight right (sway) |