|  |  |
| --- | --- |
| Irish Stew |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Lois Lightfoot (UK) |
| **Music:** | Irish Stew - Sham Rock |
| . |

**SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

|  |  |
| --- | --- |
| 1& | Touch right toe to side, step right together |

|  |  |
| --- | --- |
| 2& | Touch left toe to side, step left together |

|  |  |
| --- | --- |
| 3&4 | Touch right toe to side, clap, clap |

|  |  |
| --- | --- |
| 5& | Touch right heel forward, step right together |

|  |  |
| --- | --- |
| 6& | Touch left heel forward, step left together |

|  |  |
| --- | --- |
| 7&8 | Touch right heel forward, clap, clap |

**SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

|  |  |
| --- | --- |
| 1&2 | Step right forward, step left together, step right forward |

|  |  |
| --- | --- |
| 3-4 | Rock left forward, recover onto right |

|  |  |
| --- | --- |
| 5&6 | Step left back, step right together, step left forward |

|  |  |
| --- | --- |
| 7-8 | Step right forward, turn ½ left (weight to left) |

**RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

|  |  |
| --- | --- |
| 1-2 | Cross/rock right over left, recover onto left |

|  |  |
| --- | --- |
| 3&4 | Step right to side, step left together, step right to side |

|  |  |
| --- | --- |
| 5-6 | Cross/rock left over right, recover onto right |

|  |  |
| --- | --- |
| 7&8 | Step left to side, step right together, step left to side |

**TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

|  |  |
| --- | --- |
| 1-2 | Touch right toe forward, touch right toe to side |

|  |  |
| --- | --- |
| 3&4 | Cross right behind left, step left to side, step right to side |

|  |  |
| --- | --- |
| 5-6 | Touch left toe forward, touch left toe to side |

|  |  |
| --- | --- |
| 7&8 | Cross left behind right, turn ¼ left and step right to side, step left to side |

**REPEAT**