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| How Sweet It Is |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Peter Metelnick (UK) & Alison Metelnick (UK) | | | | |
| **Music:** | How Sweet It Is (To Be Loved By You) - James Taylor | | | | |
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**RIGHT FORWARD ROCK & RECOVER, ½ RIGHT SWEEP INTO RIGHT COASTER STEP, LEFT FORWARD ROCK & RECOVER, LEFT COASTER STEP**

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| 1-2 | Rock right forward, recover weight on left |

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| & | Start sweeping right foot ½ right |

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| 3&4 | Step right back, step left together, step right forward |

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| 5-6 | Rock left forward, recover weight on right |

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| 7&8 | Step left back, step right together, step left forward |

**RIGHT SIDE STEP & SWAY RIGHT & LEFT, FULL TURN LEFT, SYNCOPATED HEEL JACK, WEAVE RIGHT 2**

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| 1-2 | Stepping right to right side sway right, sway left (weight ends on left) |

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| 3-4 | Turning ½ left step right to right side, turning ½ left step left to left side |

**Non turning option for 3-4: step right together, step left to left side**

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| 5&6& | Cross step right over left, step left back, touch right heel forward, step right back |

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| 7-8 | Cross step left over right, step right to right side |

**½ LEFT & LEFT TO LEFT SIDE, HOLD, SYNCOPATED HEEL JACK, LEFT CROSS STEP, ¼ LEFT & RIGHT BACK LEFT COASTER STEP**

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| 1-2 | Turning ½ left step left to left side, hold |

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| 3&4& | Cross step right over left, step left back, touch right heel forward, step right back |

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| --- | --- |
| 5-6 | Cross step left over right, turning ¼ left step right back |

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| 7&8 | Step left back, step right together, step left forward |

**RIGHT FORWARD, LEFT SIDE TOUCH, HOLD, STEP LEFT TOGETHER, RIGHT SIDE TOUCH, RIGHT & LEFT SAILOR STEPS**

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| 1-3 | Step right forward, touch left to left side, hold |

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| &4 | Step left together, touch right to right side |

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| 5&6 | Cross step right behind left, step left to left side, step right to right |

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| --- | --- |
| 7&8 | Cross step left behind right, step right to right, step left to left |

**REPEAT**