|  |  |
| --- | --- |
| Canadian Stomp |  |

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| . | | | | | | |
| **Count:** | 40 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Cindy Hall (USA) & Ginny Smith (USA) - 1999 | | | | |
| **Music:** | Any Man of Mine - Shania Twain | | | | |
| . | | | | | | |

**TOE-HEEL, STOMP, HOLD**

|  |  |
| --- | --- |
| 1 | Touch right toe beside left with knee pointing toward left |

|  |  |
| --- | --- |
| 2 | Touch right heel forward with toe pointing outward |

|  |  |
| --- | --- |
| 3, 4 | Stomp right in front of left, hold |

|  |  |
| --- | --- |
| 5 | Touch left toe beside right with knee pointing toward right |

|  |  |
| --- | --- |
| 6 | Touch left heel forward with toe pointing outward |

|  |  |
| --- | --- |
| 7, 8 | Stomp left in front of right, hold |

**TOE-HEEL, STOMP, HOLD**

|  |  |
| --- | --- |
| 1-8 | Repeat above |

**WALK BACK WITH STOMPS**

|  |  |
| --- | --- |
| 1, 2 | Step back on right, hold |

|  |  |
| --- | --- |
| 3, 4 | Step back on left, hold |

|  |  |
| --- | --- |
| 5, 6 | Step back on right, step back on left |

|  |  |
| --- | --- |
| 7, 8 | Stomp right alongside left, stomp right alongside left (unweighted) |

**GRAPEVINE RIGHT AND LEFT WITH ¼ TURN TO LEFT**

|  |  |
| --- | --- |
| 1, 2 | Step right to right side, step left behind right |

|  |  |
| --- | --- |
| 3, 4 | Step right to right side, touch left alongside right |

|  |  |
| --- | --- |
| 5, 6 | Step left to left side, step right behind left |

|  |  |
| --- | --- |
| 7, 8 | Turn ¼ to left while stepping on left, scuff right forward |

**JAZZ BOXES**

|  |  |
| --- | --- |
| 1, 2 | Cross right over left, step back on left |

|  |  |
| --- | --- |
| 3, 4 | Step right alongside left, step left alongside right |

|  |  |
| --- | --- |
| 5 – 8 | Repeat 1-4 |

**Repeat dance**