|  |  |
| --- | --- |
| Bottled Up (P) |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 64 | **Wall:** | 0 | **Level:** | Partner | . |
| **Choreographer:** | Jo-Ann Kilton (USA) & Dick Kilton (USA) | | | | |
| **Music:** | If I Could Bottle This Up - Paul Overstreet | | | | |
| . | | | | | | |

**Alt Music: All The Pretty Girls by KennyChesney.**

**Position: Right side-by-side facing LOD**

**This dance progresses to the left around the perimeter of the dance floor**

**DIAGONAL VINES, BRUSHES**

|  |  |
| --- | --- |
| 1 | Step forward and diagonally to the right on right foot |

|  |  |
| --- | --- |
| 2 | Cross left foot behind right and step |

|  |  |
| --- | --- |
| 3 | Step forward and diagonally to the right on right foot |

|  |  |
| --- | --- |
| 4 | Brush left foot forward |

|  |  |
| --- | --- |
| 5 | Step forward and diagonally to the left on left foot |

|  |  |
| --- | --- |
| 6 | Cross left foot behind left and step |

|  |  |
| --- | --- |
| 7 | Step forward and diagonally to the left on left foot |

|  |  |
| --- | --- |
| 8 | Brush right foot forward |

**PIVOT, VINE RIGHT, TOUCH, VINE LEFT, TOUCH**

**Release left hands and pass right hands over lady's head as she turns**

|  |  |
| --- | --- |
| & | Pivot ¼ turn to the left on ball of left foot |

**Partners are now in the reverse Indian position facing ILOD**

|  |  |
| --- | --- |
| 9 | Step to the right on right foot |

|  |  |
| --- | --- |
| 10 | Cross left foot behind right and step |

|  |  |
| --- | --- |
| 11 | Step to the right on right foot |

|  |  |
| --- | --- |
| 12 | Touch left foot next to right |

|  |  |
| --- | --- |
| 13 | Step to the left on left foot |

|  |  |
| --- | --- |
| 14 | Cross right foot behind left and step |

|  |  |
| --- | --- |
| 15 | Step to the left on left foot |

|  |  |
| --- | --- |
| 16 | Touch right foot next to left |

**TURNING SHUFFLES WITH HAND CHANGES**

**Release left hands and raise right hands**

|  |  |
| --- | --- |
| 17&18 | Shuffle sideways to the right (right-left-right) and begin a 1 ¼ turn to the right progressing toward LOD |

**Man transfers lady's right hand to his left hand and brings joined hands down while placing his right hand behind his back as partners continue to turn**

|  |  |
| --- | --- |
| 19&20 | Shuffle left-right-left, continuing 1 ¼ turn progressing toward LOD |

|  |  |
| --- | --- |
| 21&22 | Shuffle right-left-right continuing 1 ¼ turn progressing toward LOD |

**When partners reach the point where they are briefly facing ILOD, lady transfers her right hand from man's left hand to his right hand which is behind his back. They then raise and pass the joined right hands back over lady's head as they continue to turn**

|  |  |
| --- | --- |
| 23&24 | Shuffle left-right-left, completing 1 ¼ to the right progressive turn. Partners now rejoin left hands in front returning to right side by side position facing LOD |

**WALK FORWARD, KICK, WALK BACK, TOE TOUCH**

|  |  |
| --- | --- |
| 25 | Walk forward on right foot |

|  |  |
| --- | --- |
| 26 | Walk forward on left foot |

|  |  |
| --- | --- |
| 27 | Walk forward on right foot |

|  |  |
| --- | --- |
| 28 | Kick left foot forward |

|  |  |
| --- | --- |
| 29 | Walk back on left foot |

|  |  |
| --- | --- |
| 30 | Walk back on right foot |

|  |  |
| --- | --- |
| 31 | Walk back on left foot |

|  |  |
| --- | --- |
| 32 | Touch right toe back |

**LADY'S TURNS**

**Raise right hands over lady's head as she turns**

|  |  |
| --- | --- |
| 33 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step forward on right foot and begin a ½ turn to the left |

|  |  |
| --- | --- |
| 34 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on left foot continuing ½ turn to the left |

|  |  |
| --- | --- |
| 35 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on right foot completing ½ turn to the left |

**Bring right hands down into a cross double hand hold (right hands over left). Partners face each other with man facing LOD and lady facing RLOD**

|  |  |
| --- | --- |
| 36 | MAN: Touch left foot next to right |

|  |  |
| --- | --- |
|  | LADY: Touch left foot next to right |

**Raise right hands over lady's head as she turns**

|  |  |
| --- | --- |
| 37 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step forward on left foot and begin a ½ turn to the right |

|  |  |
| --- | --- |
| 38 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on right foot continuing ½ turn to the right |

|  |  |
| --- | --- |
| 39 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on left foot completing ½ turn to the right |

**Bring right hands down to above lady's right shoulder**

|  |  |
| --- | --- |
| 40 | MAN: Touch right foot next to left |

|  |  |
| --- | --- |
|  | LADY: Touch right foot next to left |

**LADY'S TURN TO THE LEFT**

**Raise right hands over lady's head as she turns**

|  |  |
| --- | --- |
| 41 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step forward on right foot and begin a ½ turn to the left |

|  |  |
| --- | --- |
| 42 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on left foot continuing ½ turn to the left |

|  |  |
| --- | --- |
| 43 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step on right foot completing ½ turn to the left |

**Bring right hands down into a cross double hand hold (right hands over left). Partners face each other with man facing LOD and lady facing LOD**

|  |  |
| --- | --- |
| 44 | MAN: Touch left foot next to right |

|  |  |
| --- | --- |
|  | LADY: Touch left foot next to right |

**TURNING STEPS, BRUSHES**

|  |  |
| --- | --- |
| 45 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step left foot in place |

**Raise both joined hands. Man turns under raised hands**

|  |  |
| --- | --- |
| 46 | MAN: Step on right foot, beginning a full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step right foot in place |

|  |  |
| --- | --- |
| 47 | MAN: Step on left foot continuing full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step left foot in place |

**Man and lady now face RLOD with man in front of lady**

|  |  |
| --- | --- |
| 48 | MAN: Brush right foot forward |

|  |  |
| --- | --- |
|  | LADY: Brush right foot forward |

**Keep joined hands raised**

|  |  |
| --- | --- |
| 49 | MAN: Step right foot in place |

|  |  |
| --- | --- |
|  | LADY: Step right foot in place |

|  |  |
| --- | --- |
| 50 | MAN: Step on left foot continuing full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step on left foot beginning a ½ turn to the left |

|  |  |
| --- | --- |
| 51 | MAN: Step on right foot continuing full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step on right foot continuing ½ turn to the left |

|  |  |
| --- | --- |
| 52 | MAN: Brush left foot forward |

|  |  |
| --- | --- |
|  | LADY: Brush left foot forward |

|  |  |
| --- | --- |
| 53 | MAN: Step left foot in place |

|  |  |
| --- | --- |
|  | LADY: Step left foot in place |

|  |  |
| --- | --- |
| 54 | MAN: Step on right foot continuing full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step on right foot continuing ½ turn to the left |

|  |  |
| --- | --- |
| 55 | MAN: Step on left foot completing full turn to the right |

|  |  |
| --- | --- |
|  | LADY: Step on left foot completing ½ turn to the left |

|  |  |
| --- | --- |
| 56 | MAN: Brush right foot forward |

|  |  |
| --- | --- |
|  | LADY: Brush right foot forward |

**Bring joined hands down returning to right side-by-side position facing LOD**

**SHUFFLES FORWARD**

|  |  |
| --- | --- |
| 57&58 | Shuffle forward right-left-right |

|  |  |
| --- | --- |
| 59&60 | Shuffle forward left-right-left |

|  |  |
| --- | --- |
| 61&62 | Shuffle forward right-left-right |

|  |  |
| --- | --- |
| 63&64 | Shuffle forward left-right-left |

**REPEAT**