|  |  |
| --- | --- |
| Isla Bonita |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Roy Verdonk (NL) & Wil Bos (NL) - March 2008 | | | | |
| **Music:** | Squeeze up (feat. Teishan & Rod Fame) - La Isla Bonita : (3:26) | | | | |
| . | | | | | | |

**Intro: 32 counts (appr. 18sec.)**

**Or Music: La Isla Bonita by Madonna**

**Right Shuffle, Rocking Chair, Left Shuffle, Rocking Chair**

|  |  |
| --- | --- |
| 1&2 | Step right forward, Close left next to right, Step right forward |

|  |  |
| --- | --- |
| 3&4& | Rock left forward, Recover, Rock left back, Recover |

|  |  |
| --- | --- |
| 5&6 | Step left forward, Close right next to left, Step left forward |

|  |  |
| --- | --- |
| 7&8& | Rock right forward, Recover, Rock right back, Recover |

**Jazz Box ¼ Turn, Heel, Toe, Jazz Box ¼ Turn, Cross Shuffle**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, ¼ Turn right step back on left, Step right to right side |

|  |  |
| --- | --- |
| 3-4 | Touch left heel forward, Point left toes back |

|  |  |
| --- | --- |
| 5&6 | Cross left over right, ¼ Turn left step back on right, Step left to left side |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, Step left to left side, Cross right over left |

**Toe, Heel, Flick, Cross Shuffle (x2)**

|  |  |
| --- | --- |
| 1&2 | Touch left toes next to right (left knee points right), Touch left heel next to right (left knee points left), Flick left back |

|  |  |
| --- | --- |
| 3&4 | Cross left over right, Step right to right side, Cross left over right |

|  |  |
| --- | --- |
| 5&6 | Touch right toes next to left (right knee points left), Touch right heel next to left (right knee points right), Flick right back |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, Step left to left side, Cross right over left |

**Left Side Mambo, Right Forward Mambo, Shuffle ½ Turn, Coaster Step ½ Turn**

|  |  |
| --- | --- |
| 1&2 | Rock left to left side, Recover, Close left next to right |

|  |  |
| --- | --- |
| 3&4 | Rock right forward, Recover, Close right next to left |

|  |  |
| --- | --- |
| 5&6 | ¼ Turn left step left to left side, Close right next to left, ¼ Turn left step left forward |

|  |  |
| --- | --- |
| 7&8 | Step right forward, ½ Turn left step left next to right, Step right forward |

**Kick & Touch, Sailor ¼ Turn, Samba Cross (x2)**

|  |  |
| --- | --- |
| 1&2 | Kick left forward, Step left next to right, Point right to right side |

|  |  |
| --- | --- |
| 3&4 | Cross right behind left, ¼ turn right step left to left side, Step right to right side |

|  |  |
| --- | --- |
| 5&6 | Cross left over right, Rock right to right side, Step left to left side |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, Rock left to left side, Step right to right side |

**Step Forward, ½ Turn Step Back, Touch (x2), Coaster Step, Heel, Hitch, Touch**

|  |  |
| --- | --- |
| 1&2 | Step forward on left, ½ Turn left step back on right, Touch left next to right |

|  |  |
| --- | --- |
| 3&4 | Step forward on left, ½ Turn left step back on right, Touch left next to right |

|  |  |
| --- | --- |
| 5&6 | Step back on left, Close right to left, Step left forward |

|  |  |
| --- | --- |
| 7&8 | Touch right heel forward, Hitch right knee, Touch right next to left |

**Skate (x4), Heel Jack (x2)**

|  |  |
| --- | --- |
| 1-2 | Skate right to right diagonal, Skate left to left diagonal |

|  |  |
| --- | --- |
| 3-4 | Skate right to right diagonal, Skate left to left diagonal |

|  |  |
| --- | --- |
| 5&6& | Cross right over left, Step left back, Touch right heel forward, Close right next to left |

|  |  |
| --- | --- |
| 7&8& | Cross left over right, Step right back, Touch left heel forward, Close left next to right |

**Cross Shuffle, Left Side Mambo, Right Forward Mambo, Shuffle ½ Turn**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, Step left to left, Cross right over left |

|  |  |
| --- | --- |
| 3&4 | Rock left to left side, Recover, Close left next to right |

|  |  |
| --- | --- |
| 5&6 | Rock right forward, Recover, Close right next to left |

|  |  |
| --- | --- |
| 7&8 | ¼ Turn left step left to left side, Close right next to left, ¼ Turn left step left forward |

**Start again and let the music touch your soul**