|  |  |
| --- | --- |
| Jump Up & Fly |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Easy Beginner | . |
| **Choreographer:** | Farly Iguchi (JP) & Lily Iguchi (JP) - September 2010 | | | | |
| **Music:** | One Woman Man - Josh Turner : (CD: Everything Is Fine) | | | | |
| . | | | | | | |

**Intro:32 count**

**(1-8) VINE RIGHT TOUCH, VINE LEFT TOUCH**

|  |  |
| --- | --- |
| 1-2 | step R to right(1), step L behind R(2) |

|  |  |
| --- | --- |
| 3-4 | step R to right(3), touch L beside R(4) |

|  |  |
| --- | --- |
| 5-6 | step L to left(5), step R behind L(6) |

|  |  |
| --- | --- |
| 7-8 | step L to left(7), touch R beside L(8) |

**(9-16) TOE STRUT, 1/4 TURN TOE STRUT X 2**

|  |  |
| --- | --- |
| 1-2 | touch R toe next to L(1), down R heel in place(2) |

|  |  |
| --- | --- |
| 3-4 1 | /4 turn left, touch R toe next to L (3), down R heel in place (4) [9:00] |

|  |  |
| --- | --- |
| 5-6 | touch R toe next to L(5), down R heel in place(6) |

|  |  |
| --- | --- |
| 7-8 1 | /4 turn left, touch R toe next to L (7), down R heel in place (8) [6:00] |

**(17-24) HEEL TOUCH, TOGETHER, X 4**

|  |  |
| --- | --- |
| 1-2 | touch R heel forward(1), step R next to L(2) |

|  |  |
| --- | --- |
| 3-4 | touch L heel forward(3), step L next to R(4) |

|  |  |
| --- | --- |
| 5-6 | touch R heel forward(5), step R next to L(6) |

|  |  |
| --- | --- |
| 7-8 | touch L heel forward(7), step L next to R(8) |

**Option:**

|  |  |
| --- | --- |
| 1-2 | touch R heel forward(1), touch R toe next to L(2) |

|  |  |
| --- | --- |
| 3-4& | touch R heel (3) , touch R heel(4), pop step R next to L(&) |

|  |  |
| --- | --- |
| 5-6 | touch L heel forward(5), touch L toe next to R(6) |

|  |  |
| --- | --- |
| 7-8& | touch L heel forward(7), touch L heel forward(8), step L next to R(&) |

**(25-32)KICK BALL CHANGE, STEP FORWARD, PIVOT 1/2 TURN LEFT, MONTEREY 1/4 TURN RIGHT**

|  |  |
| --- | --- |
| 1&2 | kick R forward(1), step on ball of R next to L(&), step L next to R(2) |

|  |  |
| --- | --- |
| 3-4 | step R forward(3) , pivot 1/2 turn left(4) [12:00] |

|  |  |
| --- | --- |
| 5-6 | point R to right side(5), 1/4 turn right stepping R next to L(6) [3.00] |

|  |  |
| --- | --- |
| 7-8 | point L to left side(7), step L next to R(8) |

**START AGAIN**

**Farly passed away on October 8th 2010 because of cancer. These 3dances were choreographed by two of us**

**during his stay at the hospital. We wished to create more steps together. I would be happy if you could enjoy**

**these dances. Lily**