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| Caterina |  |

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| **Count:** | 66 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Cato Larsen (NOR) - June 2011 | | | | |
| **Music:** | Caterina - Helmut Lotti : (CD: The Croooners - 2006) | | | | |
| . | | | | | | |

**Intro: Start on the word “rina” straight away (3 seconds). Motion: Smooth (Slow Fox).**

**[1 – 8] Weave right, Cross Rock, Side with Hip Bump.**

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| --- | --- |
| 1,2 | Cross left over right (1), Step right to right side (2). [12.00] |

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| --- | --- |
| 3,4 | Cross left behind right (3), Step right to right side (4). |

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| --- | --- |
| 5,6 | Cross left over right (5), Rock (recover) back again onto right (6). |

|  |  |
| --- | --- |
| 7,8 | Step left to left side Bumping hips left (7), Bump hips right (8). |

**[9 – 16] Hip Bump, Hold, Hip Bumps, Hold, Sway.**

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| 1,2 | Bump hips left (1), Hold (2). |

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| --- | --- |
| 3,4,5,6 | Bump hips right (3), Bump hips left (4), Bump hips right (5), Hold (6). |

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| 7,8 | Softly push weight over to the left leg (7,8). |

**Note: All Hip Bumps are done with a soft rocking motion from side to side.**

**[17 – 24] Cross Rock, Side, Crossing Toe Strut, Side Toe Strut.**

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| --- | --- |
| 1,2 | Cross right over left (1), Rock (recover) back again onto left (2).[10.30] |

|  |  |
| --- | --- |
| 3,4 | Step right to right side (3), Hold (4). [12.00] |

|  |  |
| --- | --- |
| 5,6 | Cross left toe over right (5), Drop left heel and Click fingers (6). [1.30] |

|  |  |
| --- | --- |
| 7,8 | Touch right toe to the right side (7), Drop right heel and Click fingers (8). [1.30] |

**[25 – 32] Cross Rock, Side, Crossing Toe Strut, Side Toe Strut.**

|  |  |
| --- | --- |
| 1,2 | Cross left over right (1), Rock (recover) back again onto right (2). [1.30] |

|  |  |
| --- | --- |
| 3,4 | Step left to left side (3), Hold (4).[12.00] |

|  |  |
| --- | --- |
| 5,6 | Cross right toe over left (5), Drop right heel and Click fingers (6). [10.30] |

|  |  |
| --- | --- |
| 7,8 | Touch left toe to the left side (7), Drop left heel and Click fingers (8).[10.30] |

**[33 – 40] Jazz Box ½ turn, Diagonal Slow Walk.**

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| --- | --- |
| 1,2 | Cross right over left (1), Step back on left (2). [10.30 |

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| 3,4 | Pivot ½ turn right Stepping forward on right (3), Step forward on left (4).[4.30] |

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| --- | --- |
| 5,6 | Slow Step right diagonally forward right (5,6). |

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| 7,8 | Step forward on left Pushing hips forward (7), Push hips back (8). |

**[41 – 48] Rocking Motion with Hips.**

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| 1,2 | Push hips forward again (1), Hold (2).[4,30] |

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| 3,4 | Push hips back (3), Push hips forward (4), |

|  |  |
| --- | --- |
| 5,6 | Push hips back (5), Hold (6). |

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| 7,8 | Softly Push hips forward again and weight left leg (7,8).[4.30] |

**All Hip Bumps are done with a soft rocking motion forth and back.**

**[49 – 56] Side Rock Cross, Side Rock Cross, Slow Unwind.**

**Straightening up to the 3 O’clock wall (your nearest left wall);**

|  |  |
| --- | --- |
| 1,2 | Step right to right side (1), Rock (recover) back again onto left (2).[3.00] |

|  |  |
| --- | --- |
| 3,4 | Cross right over left (3), Step left to left side (4). |

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| --- | --- |
| 5,6 | Rock (recover) back again onto right (5), Cross left over right (6). |

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| --- | --- |
| 7,8 | Unwind ½ turn right (7,8). Weight on right. [9.00] |

**[57 – 66] Mambo 1/4 turn, Unwind Full turn, Side, Hold.**

|  |  |
| --- | --- |
| 1,2 | Step forward on left (1), Rock (recover) back again onto right (2). |

|  |  |
| --- | --- |
| 3,4 | Pivot ¼ turn left Stepping left to left side (3), Hold (4). [6.00] |

|  |  |
| --- | --- |
| 5,6,7,8 | Cross right over left (5), Unwind slowly full turn left (6,7,8). |

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| --- | --- |
| 9,10 | Step right to the right side (9), Hold (10). [6.00] |