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| Fresh |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Jo Kinser (UK) & John Kinser (UK) - February 2012 |
| **Music:** | Fresh (Radio Mix) - Beat System |
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**Start the dance on the vocals, (0.19)**

**[1-8] Skate Rt, Lt, Rt Chasse, Skate Lt, Rt, Lt Shuffle 1/4 Turn Lt**

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| 1,2 | Skate Rt fwd, Skate Lt fwd |

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| 3&4 | Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt |

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| 5,6 | Skate Lt fwd, Skate Rt fwd |

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| 7&8 | Step Lt to Lt, Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (9:00) |

**[9-16] Step 1/2 Turn, 1/2 Shuffle Back Rt, 1/4 Triple Lt In-place, Rt Kick Ball Change**

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| 1,2 | Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (3:00) |

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| 3&4 | Make 1/2 turn Lt stepping Rt back, Step Lt next to Rt, Step Rt back (9:00) |

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| 5&6 | Make 1/4 turn Lt stepping Lt to Lt, Step Rt in place, Step Lt in place (6:00) |

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| 7&8 | Kick Rt low fwd, Step Rt next to Lt, Step Lt fwd |

**[17-24] Fwd, Side, Rock & Side, Weave to the Rt, 1/2 Hinge Turn**

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| 1,2 | Step Rt fwd, Step Lt to Lt |

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| 3&4 | Rock Rt behind Lt, Replace weight Lt, Step Rt to Rt |

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| 5&6 | Step Lt behind Rt, Step Rt to Rt, Step Lt across Rt |

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| 7,8 | Make 1/4 turn Lt stepping Rt back (3:00), Make 1/4 turn Lt stepping Lt to Lt (12:00) |

**[25-32] Point, Roll Full Turn, Cross Back, Side Chasse Lt**

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| 1,2 | Point Rt to Rt, Make 1/4 turn Rt stepping Rt fwd (3:00) |

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| 3,4 | Make 1/2 turn Rt stepping Lt back (9:00), Make a 1/4 turn Rt stepping Rt to Rt (12:00) |

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| 5,6 | Step Lt across Rt, Step Rt back |

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| 7&8 | Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt |

**Restart here on wall 1 (12:00) and wall 3 (6:00).**

**[33-40] Cross Rock Turn, Rock & Back, Turn Coaster Step, Lt Shuffle Fwd**

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| 1&2 | Rock Rt diagonally fwd and across Lt (11:00), Replace weight Lt squaring up to (12:00), Step Rt to Rt facing (1:00) |

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| 3&4 | Rock Lt fwd, Replace weight Rt, Step Lt back |

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| 5&6 | Make 1/8th Turn Rt stepping back Rt, Step Lt next to Rt, Step Rt fwd (3:00) |

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| 7&8 | Step Lt fwd, Step Rt next to Lt, Step Lt fwd |

**[41-48] Point Cross Touch &, Point Cross Touch, & Cross Back, Side Shuffle Rt**

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| 1&2& | Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt, Step Lt next to Rt (traveling to your Lt) |

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| 3&4 | Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt (traveling to your Lt) |

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| &5,6 | Step Lt next to Rt (3rd foot positon), Cross Rt over Lt, Step back Lt |

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| 7&8 | Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt |

**(Easy option: 1&2&3&4 Switches Rt & Lt & Rt & Lt, try slightly moving the switches to the Lt).**

**[49-56] Cross Back, Side Shuffle Lt, Cross 1/4, Rt Shuffle Fwd**

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| 1,2 | Cross Lt over Rt, Step Rt back |

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| 3&4 | Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt |

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| 5,6 | Cross Rt over Lt, Make 1/4 Rt stepping Lt back (6:00) |

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| 7&8 | Step Rt fwd, Step Lt next to Rt, Step Rt fwd |

**[57-64] Step 1/2 Turn, Lt Shuffle Fwd, Step 1/2 Turn, Full Turn Fwd**

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| 1,2 | Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00) |

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| --- | --- |
| 3&4 | Step Lt fwd, Step Rt next to Lt, Step Lt fwd |

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| 5,6 | Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (6:00) |

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| 7,8 | Make 1/2 turn Lt stepping Rt back, Make 1/2 turn Lt stepping Lt fwd. (Easy option: walk fwd Rt, Lt). |

**ENDING:**

**Make 1/4 turn Lt stepping Rt to Rt (1) (3:00),**

**Make 1/4 turn Lt stepping Lt to Lt (2) (12:00),**

**Body Roll Down (3&4).**

**HAVE FUN**