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| How We Do |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Holly Easom (USA) & Cody Flowers (USA) - June 2012 | | | | |
| **Music:** | How We Do (Party) - Rita Ora | | | | |
| . | | | | | | |

**Count In: Dance Begins after 14 Counts (Approx. 8 seconds into song)**

**Notes: Restarts on Walls 3, 6, & 8 after the first 16 counts.**

**[1-8] ½-Sweep, Behind-Side-Cross, Kick-Ball-Change (x2)**

|  |  |
| --- | --- |
| 1 2 | ½ Turn left stepping back on RF while sweeping LF around 6:00 |

|  |  |
| --- | --- |
| 3&4 | LF behind RF, Step RF to right side, Cross LF over RF 6:00 |

|  |  |
| --- | --- |
| 5&6 | Kick RF to right diagonal, Step ball of RF down, Change weight to LF 6:00 |

|  |  |
| --- | --- |
| 7&8 | Kick RF to right diagonal, Step ball of RF down, Change weight to LF 6:00 |

**[9-16] Rock-Recover, Behind-¼-Fwd, Out-Out-&, Cross, ¾ Unwind**

|  |  |
| --- | --- |
| 1 2 | Rock RF to right side, Recover weight on LF 6:00 |

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| --- | --- |
| 3 4 | RF behind LF, ¼ Turn left stepping LF forward, RF forward 3:00 |

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| --- | --- |
| 56& | LF out and slightly forward, RF out and slightly forward, Step LF beside RF 3:00 |

|  |  |
| --- | --- |
| 7 8 | Cross LF over RF, Unwind ¾ Turn left 6:00 |

**[17-24] Back, Back, ¼ Triple, Cross Rock, Touch-&-Heel-&**

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| --- | --- |
| 1 2 | Step back on LF, Step back on RF 6:00 |

|  |  |
| --- | --- |
| 3&4 | ¼ Turn left stepping LF to left side, Step RF beside LF, Step LF to left side 3:00 |

|  |  |
| --- | --- |
| 5&6 | Rock RF in front of LF, Recover weight on LF, Step RF to right side 3:00 |

|  |  |
| --- | --- |
| 7&8& | Touch LF beside RF, Step down on LF, Kick RF forward, Step down on RF 3:00 |

**[25-32] Fwd, Pivot ½, ½-Back-Back, Rock-Recover, ¼, ½**

|  |  |
| --- | --- |
| 1 2 | Step LF forward, Pivot ½ Turn right stepping forward on RF 9:00 |

|  |  |
| --- | --- |
| 3&4 | ½ Turn right stepping back on LF, RF beside LF, Step back on LF 3:00 |

|  |  |
| --- | --- |
| 5 6 | Rock back on RF, Recover weight on LF 3:00 |

|  |  |
| --- | --- |
| 7 8 | ¼ Turn left stepping RF to right side, ½ Turn left stepping LF to left side 3:00 |

**Restarts on Walls 3, 6, & 8 after the first 16 counts. When doing the restart, you don’t do the ½ turn left to begin. You begin the dance again sweeping with the left foot for counts (1-2).**

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**Last Update – 18th May 2017**