|  |  |
| --- | --- |
| M B Angel (Morecambe Bay Angel) |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 16 | **Wall:** | 4 | **Level:** | High Beginner | . |
| **Choreographer:** | Ryan King (UK) - November 2012 | | | | |
| **Music:** | Better Than I Used to Be - Tim McGraw | | | | |
| . | | | | | | |

**8 count intro**

**Nightclub Basic Forward, Rock Recover Step, Coaster Step, Sweep, Cross Side Behind, Sweep, Behind Side**

|  |  |
| --- | --- |
| 1 2& | Step forward on right, Rock Forward Left, Recover onto Right. |

|  |  |
| --- | --- |
| 3 4& | Step Back Left, Step Back Right, Step Left next to Right. |

|  |  |
| --- | --- |
| 5 6& | Step Forward Right Sweeping Left Infront, Cross Left over Right, Step Right to Right Side. |

|  |  |
| --- | --- |
| 7 8& | Step Back Left Sweeping Right Behind, Step Right Behind Left, Step Left to Left Side. |

**R Cross Rock Recover, L Cross Rock Recover, 1/4 L Walk x 2, Rocking Chair**

|  |  |
| --- | --- |
| 1 2& | Cross Rock Right over Left, Recover onto Left, Step Right to Right Side. |

|  |  |
| --- | --- |
| 3 4& | Cross Rock Left over Right, Recover onto Right, Step 1/4 Left. |

|  |  |
| --- | --- |
| 5 6 | Walk Forward Right, Walk Forward Left. |

|  |  |
| --- | --- |
| 7&8& | Rock Forward Right, Recover Left, Rock Back Right, Recover Left. |

**Written for the Saloon Drifters weekend in Morecambe.**

**Dance named by the people who attended the event.**

**Also available as a partner dance.**

**Contact: Nightsaberx@gmail.com**