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| Pasanda |  |

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| . | | | | | | |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | Easy Intermediate | . |
| **Choreographer:** | Pat Stott (UK) & Sandra Speck (UK) - August 2013 | | | | |
| **Music:** | Dil Garden Garden Ho Gaya - Vishal Dadlani : (CD: Top 25 Songs of 2012, Bollywood - iTunes) | | | | |
| . | | | | | | |

**Intro: 16 counts starting from heavy beat, starts on the word Arrey, approx. 14 seconds.**

**TOUCH STEP, TOUCH STEP, TOUCH STEP, TOUCH STEP**

|  |  |
| --- | --- |
| 1 – 2 | Touch right toe forward, step down on right foot |

|  |  |
| --- | --- |
| 3 – 4 | Touch left toe forward, step down on left foot |

|  |  |
| --- | --- |
| 5 – 6 | Touch right toe forward, step down on right foot |

|  |  |
| --- | --- |
| 7 – 8 | Touch left toe forward, step down on left foot |

**Harder alternative for counts 1 – 8,**

|  |  |
| --- | --- |
| 1-2 | Touch right toe forward step down on right foot, |

|  |  |
| --- | --- |
| 3-4 | Make ½ turn right stepping back on left toe, step down on left foot step down on right foot, |

|  |  |
| --- | --- |
| 5-6 | Make ½ turn right stepping forward on right toe, step down on right foot, |

|  |  |
| --- | --- |
| 7-8 | Touch left toe forward, step down on left foot |

**HITCH TOUCH FORWARD, HITCH TOUCH SIDE, RIGHT HEEL TOE, LEFT HEEL TOE**

|  |  |
| --- | --- |
| 1 – 2 | Hitch right knee, touch right toe in front of left |

|  |  |
| --- | --- |
| 3 – 4 | Hitch right knee, touch right toe to right side |

|  |  |
| --- | --- |
| 5 – 6 | Twist right heel to right side, twist right toe to right side, transferring weight to right foot |

|  |  |
| --- | --- |
| 7 – 8 | Twist left heel to right, twist left toe to right (weight on right foot) |

**BEND HEEL, BEND HEEL, HITCH BACK, HITCH BACK**

|  |  |
| --- | --- |
| 1 – 2 | Transferring weight to left foot bend both knees slightly, straighten up and touch right heel forward towards right diagonal |

|  |  |
| --- | --- |
| 3 – 4 | Transferring weight to right foot bend both knees slightly, straighten up and touch left heel forwards towards left diagonal |

**\*\*Tag here, wall 6**

|  |  |
| --- | --- |
| 5 – 6 | Hitch left knee, step back on left |

|  |  |
| --- | --- |
| 7 – 8 | Hitch right knee, step back on right foot |

**HITCH BACK, HITCH ¼ TURN RIGHT, HIP PUSH FORWARDS X 2**

|  |  |
| --- | --- |
| 1 – 2 | Hitch left knee, step back on left |

|  |  |
| --- | --- |
| 3 – 4 | Hitch right knee, step back on right foot, body facing towards right diagonal, only the toe of the left foot in contact with the floor |

|  |  |
| --- | --- |
| 5 – 8 | With weight on right foot push hips forwards, back, forwards, back (easy option hip bumps, l-r-l-r) |

**Styling option for counts 3-8.**

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| --- | --- |
| 3-4 | Bring right arm forward and up in a clockwise direction, leaning slight back on right foot |

|  |  |
| --- | --- |
| 5-8 | With right arm in the air, twist the light bulb action with hand X 2, left hand on left hip |

**STEP SWEEP, CROSS SIDE BEHIND POINT, CROSS HITCH TURN**

|  |  |
| --- | --- |
| 1 – 2 | Facing 12 o’clock, step forward on left foot, sweep right foot out and forward |

|  |  |
| --- | --- |
| 3 – 4 | Cross right foot over left, step left foot to left side |

|  |  |
| --- | --- |
| 5 – 6 | Step right foot behind left, point left foot to left side turning body towards right diagonal (1.30) |

|  |  |
| --- | --- |
| 7 – 8 | Cross left foot over right (still facing 1.30) hitch right knee, make ½ turn left on ball of left foot to face back diagonal (7.30) |

**STEP KICK, BACK TOUCH, STEP, PADDLE TURNS x 2, TOGETHER**

|  |  |
| --- | --- |
| 1 – 2 | Step forward on right foot, still facing diagonal (7.30), kick left foot forward |

|  |  |
| --- | --- |
| 3 – 4 | Step back on left foot, touch right toe slightly back |

|  |  |
| --- | --- |
| 5 – 6& | Step forward on right foot, touch left toe forward paddle 3/8 right |

|  |  |
| --- | --- |
| 7 & 8 | Touch left toe forward paddle ¼ right, close left foot next to right (3 o’clock) |

**Styling option for counts 5 – 8 Arms out to side, slightly bent, palms facing down, lean into turn**

**\*TAG, wall 6 after count 4, section 3,**

**STEP PADDLE ¼, STEP PADDLE ¼, STEP PADDLE ¼**

|  |  |
| --- | --- |
| 5,6&7&8& | Step forward on left foot, step forward on right toe paddle ¼ turn left X 3 |

**Re-start dance from the beginning facing 6 o’clock**

**Dil garden garden ho gaya is a slang kind phrase which is a parody on Hindi idiom ‘dil bag bag hona’, which literally translates to ‘Heart becoming garden’, but actually means being very happy (from the meaning heart getting blossomed like a garden).**

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