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| Mama Makossa |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | High Intermediate / Advanced | . |
| **Choreographer:** | Ria Vos (NL) - November 2013 | | | | |
| **Music:** | Soul Makossa 2.0 - Manu Dibango & Wayne Beckford : (Album: Past Present Future) | | | | |
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**Intro: 32 Counts from where the beat kicks in (± 18 sec)**

**Side, Rock Back, Roll Knee Step Out R-L, Paddle Full Turn R, Sailor ½ Turn L**

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| 1-2& | Step L Long Step to L Side, Rock Back on R, Recover on L |

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| 3-4 | Step Fwd and Out on R Rolling Knee Out, Step Out on L Rolling Knee Out |

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| 5&6 | ¼ Turn R Step Fwd on R, Hitch L Turning ¼ Turn R, Point L to L Side (6:00) |

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| &7 | Hitch L Turning ½ Turn R, Point L to L Side (12:00) |

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| 8&1 | Sweep L ¼ L Step L Behind R, Step R Next to L, ¼ Turn L Cross L Over R (6:00) |

**Bounce, ½ Turn R Cross Bounce, ¼ L Rock Fwd-Back-Fwd, Run Back L-R**

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| &2 | Bounce Body Up, -Down |

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| 3&4 | ½ Turn R Cross R Over L, Bounce Body Up, -Down (12:00) |

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| --- | --- |
| 5&6& | ¼ Turn L Rock Fwd on L, Recover on R, Rock Back on L, Recover on R (9:00) |

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| 7& | Rock Fwd on L, Recover on R |

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| 8& | Small “Run” Steps Back Stepping L, R |

**Long Step Back, Rock Back, ¼ L Scissor Cross, ¼ R, ½ R, Step Pivot ¼ R**

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| 1 | Big Step Back on L Draging R towards L |

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| 2-3 | Rock Back on R, Recover on L |

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| 4&5 | ¼ Turn L Step R to R Side, Step L Next to R, Cross R Over L (6:00) |

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| 6-7 | ¼ Turn R Step Back on L, ½ Turn R Step Fwd on R (3:00) |

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| 8& | Step Fwd on L, Pivot ¼ Turn R (6:00) |

**Diag. Step Fwd, Together, Point & Point &, Step Pivot ¼ R, Run Around (a little over) Full Turn L**

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| 1-2 | Big Step Fwd on L to R Diagonal, Step R Next to L (7:30) |

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| 3&4& | Point L to L Side, Step L Next to R, Point R to R Side, Step R Next to L |

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| 5-6 | Step Fwd on L, Pivot ¼ Turn R (10:30) |

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| 7&8& | Run Around in a Small Circle using Small Steps (a little over) Full Turn Left Stepping L-R-L-R (9:00) |

**TAG: 32 Count Tag: After wall 7 (3:00)**

**L Side Touch (Clap), R Side Touch (Clap), ¼ Turn L Step Fwd Touch (Clap), R Side Touch (Clap)**

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| --- | --- |
| 1-2 | Step L to L Side, Touch R Next to L Clap Hands Up to L Side |

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| --- | --- |
| 3-4 | Step Diagonaly Fwd to R Side, Touch L Next to R Clap Hands Down to R Side |

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| --- | --- |
| 5-6 | ¼ Turn L Step Fwd on L, Touch R Next to L Clap Hands Down to L Side |

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| --- | --- |
| 7-8 | Step R to R Side, Touch L Next to R Clap Hands Up to R Side |

**L Side, Touch (Clap), R Side, Touch (Clap), ¼ L Fwd, Touch (Clap), R Side, Touch (Clap)**

|  |  |
| --- | --- |
| 1-2 | Step L to L Side, Touch R Next to L Clap Hands Down to L Side (12:00) |

|  |  |
| --- | --- |
| 3-4 | Step Diagonaly Fwd to R Side, Touch L Next to R Clap Hands Up to R Side |

|  |  |
| --- | --- |
| 5-6 | ¼ Turn L Step Fwd on L, Touch R Next to L Clap Hands Up to L Side |

|  |  |
| --- | --- |
| 7-8 | Step R to R Side, Touch L Next to R Clap Hands Down to R Side |

**L Side-Together-Side-Touch, R Side-Together-Side-Touch, ¼ Turn R (Repeat)**

|  |  |
| --- | --- |
| 1-4 | Step L to L Side, Step R Next to L, Step L to L Side, Touch R Next to L |

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| --- | --- |
| 5-8 | Step R to R Side, Step L Next to R, Step R to R Side, Touch L Next to R (9:00) |

**Option Arms: 1-4 Wave arms Up to L-R-L-L, 5-8 Wave Arms Up to R-L-R-R**

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| --- | --- |
| 1-4 | ¼ Turn R Step L to L Side, Step R Next to L, Step L to L Side, Touch R Next to L |

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| --- | --- |
| 5-8 | Step R to R Side, Step L Next to R, Step R to R Side, Touch L Next to R (12:00) |

**Option Arms: 1-4 Wave arms Up to L-R-L-L, 5-8 Wave Arms Up to R-L-R-R**

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