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| Hit The Floor |  |

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| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Ria Vos (NL) - March 2014 |
| **Music:** | Hit The Ground (Original Fm Cut) - Kique Santiago : (Single) |
| . |

**Intro: 32 Counts (±14 sec)**

**Cross, ¼ R, ¼ R, Point, ¼ L, ½ L, Coaster Step**

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| --- | --- |
| 1-2 | Cross R Over L, ¼ Turn R Step Back on L |

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| --- | --- |
| 3-4 | ¼ Turn R Step R to R Side, Point L to L Side |

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| --- | --- |
| 5-6 | ¼ Turn L Step L Fwd, ½ Turn L Step Back on R |

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| --- | --- |
| 7&8 | Step Back on L, Step R Next to L, Step Fwd on L |

**Cross Rock, & Touch, & Touch, Monterey ¼ R, Side Rock-Cross**

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| --- | --- |
| 1-2 | Cross Rock R Over L, Recover on L |

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| --- | --- |
| &3 | “Jump” Step R Back on R Back Diagonal, Touch L Next to R |

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| --- | --- |
| &4 | “Jump” Step L Back on L Back Diagonal, Touch R Next to L |

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| --- | --- |
| 5-6 | Point R to R Side, ¼ Turn R Step R Next to L |

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| 7&8 | Rock L to L Side, Recover on R, Cross L Over R |

**Side, Hitch Across, Side, Together, Twist x3 to R Side, Hook Behind**

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| --- | --- |
| 1-2 | Step R to R Side, Hitch L Across R |

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| 3-4 | Step L to L Side, Step R Next to L (slightly bending both knees) |

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| --- | --- |
| 5-7 | Swivel Both Heels to R Side, Swivel Toes to R Side, Swivel Heels to R Side |

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| --- | --- |
| 8 | Hook/Flick L Behind R |

**¼ L, ½ L, ¼ Chasse L, Cross Rock, Chasse R**

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| --- | --- |
| 1-2 | ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R |

|  |  |
| --- | --- |
| 3&4 | ¼ Turn L Step L to L Side, Step R Next to L, Step L to L Side |

|  |  |
| --- | --- |
| 5-6 | Cross Rock R Over L, Recover on L |

|  |  |
| --- | --- |
| 7&8 | Step R to R Side, Step L Next to R, Step R to R Side |

**Jazz Box ¼ Turn L, Point, Together, Point, Dip with Shoulders**

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| --- | --- |
| 1-2 | Cross L Over R, ¼ Turn L Step Back on R |

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| 3-4 | Step L to L Side (dip down), Point R to R Side (turn body L with R shoulder fwd) |

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| --- | --- |
| 5-6 | Step R Next to L (dip down), Point L to L Side (turn body R with L shoulder fwd) (\*Ending) |

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| 7&8 | Roll Shoulders from Front to Back: L-R-L Transfering weight to L (dip and come up again) |

**Cross, Touch, & Heel Ball Cross, Side Rock, Behind-Side-Cross**

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| --- | --- |
| 1-2 | Cross R Over L, Touch L Behind R Heel |

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| --- | --- |
| &3 | Step Back on L, Touch R Heel to R Diagonal |

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| --- | --- |
| &4 | Step on Ball of R Next to L, Cross L Over R |

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| --- | --- |
| 5-6 | Rock R to R Side, Recover on L |

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| 7&8 | Step R Behind L, Step L to L Side, Cross R Over L |

**Walk-Walk-Shuffle (Turning ¾ Turn L) Step Fwd, ½ Turn R, Shuffle ½ Turn R**

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| --- | --- |
| 1-2 | ¼ Turn L Step Fwd on L, ¼ Turn L Step Fwd on R |

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| --- | --- |
| 3&4 | ¼ Turn L Shuffle Fwd Stepping L, R, L (count 1-4 make a semi-circle walk around ¾ turn L) |

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| --- | --- |
| 5-6 | Step Fwd on R, ½ Turn R Step Back on L |

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| --- | --- |
| 7&8 | ¼ Turn R Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R |

**Rock Fwd, & Rock Fwd, Back, Swivel, Touch Back, Unwind ¼ Turn L**

|  |  |
| --- | --- |
| 1-2 | Rock Fwd on L, Recover on R |

|  |  |
| --- | --- |
| &3-4 | Step L Next to R, Rock Fwd on R, Recover on L |

|  |  |
| --- | --- |
| 5&6 | Step Back on R, Swivel Both Heels L, Recover (weight R) (option: Bump Back x2 without Swivel) |

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| --- | --- |
| 7-8 | Touch L Behind R, Unwind ¼ Turn L (weight L) |

**\*Ending: You will end on section 5, with L foot Pointed to L side (count 38) Turn ½ L to Face the front (weight L and legs crossed), bend your knees and pretend to “hit the floor” with your handpalms down**

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