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| Ay Mama Mia |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Amy Glass (USA) & Michele Burton (USA) - June 2014 | | | | |
| **Music:** | Mama Mia (Radio Edit) - Mayra Veronica | | | | |
| . | | | | | | |

**Intro: 32 cts.**

**[1-8] CROSS BALL CHANGE (botafogo) ~ CROSS BALL CHANGE (botafogo) ~ CROSS ¼ ¼ CROSS**

|  |  |
| --- | --- |
| 1 & 2 | Step R over L; Step ball of L to left; Return weight to right (body angled to right diagonal) |

|  |  |
| --- | --- |
| 3 & 4 | Step L over R; Step ball of R to right; Return weight to left (body angled to left diagonal) |

|  |  |
| --- | --- |
| 5 – 8 | Cross R over L; Turn ¼ right, step left back; Turn ¼ right, step R to right; Cross L over R 6:00 |

**[9-16] SIDE MAMBO ~ LOCK STEP BACK ~ ROCK RETURN ~ FULL TURN FORWARD**

|  |  |
| --- | --- |
| 1 & 2 | Step R to right; Return wt. to L; Step R beside L |

|  |  |
| --- | --- |
| 3 & 4 | Step L back; Lock R in front of L; Step L back |

|  |  |
| --- | --- |
| 5 – 6 | Rock back on R; Return weight to L |

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| --- | --- |
| 7 – 8 | Turn ½ left, stepping back on R; Turn ½ left, stepping forward on L ~ Option: Walk forward R, L 6:00 |

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**[17-24] SYNCOPATED HEEL GRIND x2 ~ ¼ TURNING JAZZ BOX**

|  |  |
| --- | --- |
| 1, 2 & | Grind R heel slightly in front of L foot while weighting R, shift weight to L, step R near L |

|  |  |
| --- | --- |
| 3, 4 & | Grind L heel slightly in front of R foot while weighting L, shift weight to R, step L near R |

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| --- | --- |
| 5 - 8 | Cross R over L; Step L back; Turn ¼ R, step side R; Step L forward 9:00 |

**[25–32] TOE STEP ~ ½ TURN TOE STEP ~ ¼ TURN HIP ROLLS (2X)**

|  |  |
| --- | --- |
| 1 – 2 | Touch R toe forward, leaning back on L; Step down onto R foot |

|  |  |
| --- | --- |
| 3 – 4 | Turn ½ left, touch L toe forward, leaning back on R; Step down onto L 3:00 |

|  |  |
| --- | --- |
| 5 – 6 | Step R ball forward, turning ¼ left; Return weight to L |

|  |  |
| --- | --- |
| 7 – 8 | Step R ball forward; turning ¼ left; Return weight to L |

**Styling: execute counts 5 – 8 with counterclockwise hip rolls 9:00**

**Restart: Wall 3: Dance 28 counts. For the 2 hip rolls, slightly under-rotate to end at the 12:00 wall. Restart on 12:00 after hip rolls.**

**[33–40] FORWARD MAMBO ~ BACK MAMBO ~ STEP LOCK ~ STEP LOCK STEP**

|  |  |
| --- | --- |
| 1 & 2 | Step R ball forward; Return weight to L; Step R beside L |

|  |  |
| --- | --- |
| 3 & 4 | Step L ball back; Return weight to R; Step L beside R |

|  |  |
| --- | --- |
| 5 – 6 | Step R forward; Step ball of L behind R |

|  |  |
| --- | --- |
| 7 & 8 | Step R forward; Step ball of L behind R; Step R forward 9:00 |

**[41-48] ROCK RETURN ~ ½ TURN TRIPLE ~ WALK WALK ~ CHASE ¼ TURN**

|  |  |
| --- | --- |
| 1 – 2 | Rock L forward; Return weight to R |

|  |  |
| --- | --- |
| 3 & 4 | Turn ¼ left, stepping L to left; Step R beside L; Turn ¼ left, stepping L forward 3:00 |

|  |  |
| --- | --- |
| 5 – 6 | Step R forward; Step L forward (Option: full turn left stepping back R, forward L) |

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| --- | --- |
| 7 & 8 | Step R forward; Turn ¼ left, transferring weight to L; Cross R over L 12:00 |

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**[49–56] SIDE TOGETHER ~ SIDE TOGETHER SIDE ~ CROSS POINT CROSS POINT**

|  |  |
| --- | --- |
| 1 – 2 | Step L to left; Step R beside L |

|  |  |
| --- | --- |
| 3 & 4 | Step L to left; Step R beside L; Step L to left |

|  |  |
| --- | --- |
| 5 – 8 | Cross R over L; Point L to left; Cross L over R; Point R to right 12:00 |

**[57 –64] ROCK RETURN ~ COASTER STEP ~ ½ TURNING ARC**

|  |  |
| --- | --- |
| 1– 2 | Rock R forward; Return weight to L |

|  |  |
| --- | --- |
| 3 & 4 | Step R back; Step L beside R; Step R forward |

|  |  |
| --- | --- |
| 5&6 | Step L forward; Step ball of R to right; Turn body slightly left, crossing L in front of R |

|  |  |
| --- | --- |
| & 7 | Step ball of R side right; Turn body slightly left, crossing L in front of R |

|  |  |
| --- | --- |
| & 8 | Step ball of R side right; Turn body slightly left, crossing L in front of R 6:00 |

**\*\*In counts 5 – 8, make a ½ arc, turning left**

**Begin Again**

**Contacts: amyleeanne@gmail.com - mburtonmb@sbcglobal.net**