# **Bottle Your Crazy Up**



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Randy Pelletier (USA) - September 2014

Music: Bottle Your Crazy Up - Eileen Carey



Intro: 16 Counts

## [1-8] WALK, WALK, KICKBALL CHANGE, MODIFIED 1/4 TURNING JAZZ BOX

1 - 2	Step right forward, step left forward

3 & 4 Kick right forward, step right next to left, step left next to right

5 - 6 Cross right over left, step back on left

7 - 8 Turning ¼ right step right to right side, step left forward (Large forward step)

## [9 – 16]□ WALK, WALK, KICKBALL CHANGE, MODIFIED 1/4 TURNING JAZZ BOX

1 - 2	Step right forward,	Step left forward

3 & 4 Kick right forward, step right next to left, step left next to right

5 - 6 Cross right over left, step back on left

7 - 8 Turning ¼ right step right to right side, stomp left to left side (weighted)

## [17 – 24]□ SAILOR STEP RIGHT, SAILOR STEP LEFT, TOUCH BEHIND, ½ TURN, STOMP, CLAP

1 & 2	Cross right behind left, step left to side, step right to side
3 & 4	Cross left behind right, step right to side, step left to side
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5 - 6 Touch right toe behind left heel, unwind ½ turn right (weight to right)

7 - 8 Stomp left forward, clap (hold)

## [25 – 32]□ ROCKING CHAIR, ½ PIVOT LEFT, ¼ TURN PIVOT LEFT

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1 - 2	Rock right neel forward.	recover weight in place on left	

3 - 4 Rock right back, recover weight in place on left

5 - 6
Step right forward, turn ½ turn left pivoting on the ball of left foot (Weight to Left)
7 - 8
Step right forward, turn ¼ turn left pivoting on the ball of left foot (Weight to Left)

## **REPEAT**

#1 EASY RESTART : that you can easily hear in the music. On 4th wall (1ST time you start dance facing 9 O'clock)

Dance through count 24 and Restart dance. (You will be facing 9 O'clock when the Restart occurs)

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Last Update – 30th Sept 2014

<sup>\* (</sup>Restart here on 4th wall)