

# Shut Up And Dance

**COPPER** KNOB  
STEPSHEETS

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2015

Music: Shut Up and Dance - WALK THE MOON



**\*\*Thank you to Michael McKenzie for suggesting the song \*\***

**Start after 8 count intro – 3mins 17secs – 128bpm**

**[1-8] □ R fwd shuffle, L fwd, ½ R pivot turn, L fwd, ½ L stepping R back, walk back 2**

- 1&2 Step R forward, step L together, step R forward
- 3-4 Step L forward, pivot ½ right (6 o'clock)
- 5-6 Step L forward (extended 5th), turning ½ left step R back (12 o'clock)
- 7-8 Step L back, step R back

**ENDING: Final wall will start facing front and dance first 8 counts to bring you to front wall. Touch L heel forward, HOLD. Ta Da the end!**

**[9-16] □ L heel fwd, hold, L together, R heel fwd, hold, R together, R back, weave 2, L sailor step**

- 1-2& Touch L heel forward, hold, step L together
- 3-4& Touch R heel forward, hold, step R back
- 5-6 Cross step L over R, step R side
- 7&8 Cross step L behind R, step R side, step L side

**[17-24] □ R touch back, ½ R unwind, R weave 2, L touch back, ¾ L unwind, walk fwd 2**

- 1-2 Touch R back, unwind ½ right stepping down on R (6 o'clock)
- 3-4 Cross step L over R, step R side
- 5-6 Touch L behind, unwind ¾ left stepping down on L (9 o'clock)
- 7-8 Step R forward, step L forward

**WALL 6 RESTART: During wall 6 which starts facing front wall you will dance the first 24 counts and Restart the dance facing left side wall.**

**[25-32] □ R & L apart, knee pops R-L-R, R ball cross, R side, L behind-side-cross**

- &1-2 Step R apart, step L apart, pop R knee in
- 3-4& Pop L knee in, pop R knee in, step R back
- 5-6 Cross step L over R, step R side
- 7&8 Cross step L behind R, step R side, cross step L over R

**[33-40] □ R side, hold, L together, R side, L together, ¼ R fwd, L touch, L back, R touch**

- 1-2& Step R side, hold, step L together
- 3-4 Step R side, step L together
- 5-8 Turning ¼ right step R forward, touch L together, step L back, touch R together (12 o'clock)

**WALL 3 RESTART: During wall 3 which starts facing back wall you will dance the first 40 counts and Restart the dance facing back wall.**

**[41-48] □ R kick ball change, R fwd, L side point, L fwd shuffle, R fwd, ¼ L pivot turn**

- 1&2 Kick R forward, step R together, step L together
- 3-4 Step R forward, point L side
- 5&6 Step L forward, step R together, step L forward
- 7-8 Step R forward, pivot ¼ left (9 o'clock)

**Contact ~ Tel: 01462 735778 - Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk) - Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)**

