Move Slowly

Count: 32

Level: Beginner - Country

Choreographer: Michelle Risley (UK) - October 2015

Music: Nobody's Home - Clint Black

Count In: 16 counts from start of track, on vocal. Approx 103 bpm - *No Tags, * No Restarts

[1-8] COCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD [12]

- Rock Right Forward, Recover On Left 1-2
- 3&4 Step Back Right, Left Next To Right, Step Back Right
- 5-6 Rock Left Back, Recover On Right
- 7&8 Step Left Forward, Right Next To Left, Step Forward Left

[9-16]□PIVOT ¼ LEFT, CROSS SHUFFLE, WEAVE □[9]

- 1-2 Step Forward Right, 1/4 Turn Left
- 3&4 Cross Right Over Left, Side Left, Cross Right Over Left
- 5-6 Step Left Side, Right Behind,
- Step Left Side, Cross Right Over Left 7-8

[17-24]□SIDE ROCK, CROSS SHUFFLE, WEAVE□[9]

- 1-2 Side Rock Left, Recover Right
- 3&4 Cross Left Over Right, Side Right, Cross Left Over Right
- 5-6 Side Right, Behind Left,
- 7-8 Right Side, Cross Left Over Right

[25-32] SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE FORWARD [9]

- Step Right To Side, Step Left Next To Right 1-2
- 3&4 Step Back Right, Left Next To Right, Back Right
- 5-6 Step Left To Side, Step Right Next To Left
- Step Forward Left, Step Right Next To Left, Step Forward Left 7&8

START AGAIN – HAVE FUN

Contact ~ Michelle: michellerisley@hotmail.co.uk - 07808 772987 - www.peace-train.co.uk





Wall: 4