# Country & High Heels



Count: 32 Wall: 4 Level: Improver

Choreographer: Francien Sittrop (NL) - December 2015

Music: Country Ain't Never Been Pretty - Cam: (Album: Untamed 2015)



### Intro: Start after 16 counts from the beginning

[1 – 8]□Cross Rock , Recover	, Side Shuffle, Cross	, Side , Sailorstep ¼ L
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1 – 2 Rock R across L, Recover on L

3 & 4 Step R to R side, Step L next to R, Step R to R side

5 – 6 Step L across R, Step R to R side

7 & 8 Sweep L behind R with 1/4 Turn L and step L back, Step R next to L, Step L fwd (09.00)

## [9-16] ☐ Jump (travelling fwd) Out Out Clap x2 Hip bumps x2

&1-2	Jump fwd with R out, L out, Clap
&3-4	Jump fwd with R out , L out, Clap
5 & 6	Bump hips R L R

7 & 8 Bump hips L,R,L \*\*R\*\*

### [17-23]□Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step

1 – 2 Rock R fwd, Recover on L

3 & 4 Step R ¼ Turn R, Step L next to R, ¼ Turn Step R fwd (03.00)

5 - 6 Step L fwd, ½ Turn L step R back (09.00) 7 & 8 Step L back, Step R next to L, Step L fwd

#### [24-32]□Rocking Chair, Vine L

1 – 2	Rock R fwd, Recover on L
3 – 4	Rock R back , Recover on L
5 – 6	Step R across L, Step L to L side
7 – 8	Step R behind L, Step L to L side

### Start again

Restarts: \*\*R\*\*

During wall 5, 8, 11 after count 16. Start again with count 1

Ending: Last wall ends on the 3 O'clock wall

Dance until count 14 then make 1/4 Turn L to face the front wall again

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