# Love Me Down



Count: 64 Wall: 4 Level: Phrased High Intermediate

Choreographer: Fred Whitehouse (IRE) - February 2016

Music: Love Me Down - Jason Derulo



# Intro – 16 Counts - Sequence – A, B, B, A, Tag, A 16c, B, B, A, A, A, A

#### Section A - 32 counts

### A1: Step sweep, mambo, heel grind back x2, sailor 1/4 turn L

1,2, Step forward on R sweeping LF from back to front, step LF forward

Rock RF forward, recover weight onto L, step RF back

5,6 Step LF back grinding R heel, step RF back grinding L heel

7&8 Step LF behind R, step RF to R side, ¼ L stepping LF forward (9.00)

#### A2: C bump, shuffle, repeat

1&2 ½ turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop

LF knee

5&6 ½ turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop

LF knee

\*Restart here\* (During wall after the tag, you will finish facing 3.00)

## A3: Out, out, in, in, touch x2, hitch, boogie walks R,L,R 1/4 turn R rock and cross

&1&2 Step RF out, step LF out, step RF in, step LF in

3&4 Touch RF to R side, touch RF next to L, hitch R knee up as you raise up on left toe

5&6 Run forward R,L,R (boogie walk)

7&8 Rock LF forward, make 1/4 turn R recovering weight on RF, cross LF over R (12.00)

# A4: Touch, twist, weave, touch, twist, weave 1/4 turn

Touch RF to R side, twist R heel out, twist R heel in
Step RF behind L, step LF to L, cross RF over L
Touch LF to L side, twist L heel out, twist L heel in

7&8 Step LF behind R, ¼ turn R stepping RF forward, step LF forward (3.00)

#### SECTION B - 16 counts X2

#### B1: Walk x2, Rock and cross x2, weave

1,2, Walk forward R,L

3&4 Rock R to R side, recover, cross R over L5&6 Rock L to L side, recover, cross L over R

&7&8 Step R to R side, step L behind R, step R to R side, cross L over R

#### B2: Out, out, hip dips x 2, triple ½ turn L, hip dips, close, touch

&1 Step R out to R, step L out to L side (shoulder width apart)

2,3 Push hips to R and down completing full circle clockwise x2 (bend knees on downward

motion, these are fast) weight ends on RF

Step LF behind R,  $\frac{1}{4}$  L stepping RF to R side,  $\frac{1}{4}$  L stepping LF out to L (on the spot,  $\frac{1}{2}$  L)

6,7 Push hips to R and down completing full circle clockwise x2 (bend knees on downward

motion, these are fast) weight ends on RF

&8 Close LF next to R, touch RF beside L

## **B3 + B4: \* REPEAT 16 COUNTS \***

# TAG: 8 counts (Facing 6.00)

# Step point snap x2, heel twists, click x2

| 1,2 | Step RF forward, point LF to L side clicking both fingers in front |
|-----|--|
| 3,4 | Step LF forward, point RF to R side clicking both fingers in front |

Twist R heel out, twist R heel in, twist R heel out
Twist R heel in, Twist R heel out, twist R heel in

&8 Close RF next to L (click R finger, tilt head to R) step LF in place (click L finger, tilt head to L)

Hope you enjoy, please don't let the sequence put your off. - Happy dancing

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