Count: 32
Wall: 4
Level: Absolute Beginner
Choreographer: Vivienne Scott (CAN) - March 2016
Music: 2 Heads - Coleman Hell : (Album: EP Coleman Hell - amazon and iTunes)


Alternative Music (something different!): ‘Twist' by Pritam \& Neeraj Shridhar (Album 'Love Aaj Kal’ also available on amazon and itunes)
This is a long track so you can fade it out whenever you feel your dancers are fading!!
Intro - '2 Heads': 32 counts from the first piano note on "water", starting after the first set of lyrics on the instrumental
'Twist': 56 counts in starting on the lyrics
OUT, OUT, IN, TOGETHER, SWIVELS (or Heel Twists) x 2
1-2 Step right forward to right diagonal. Step left forward to left diagonal. (with attitude!)
3-4 Step right back to place. Step left beside right.
5-8 Twist heels left, centre, left, centre
(Alt: With weight on right heel and left toe, swivel both toes to left. Return to centre. Repeat)
RIGHT GRAPEVINE, FLICK, SIDE, TOGETHER, SIDE, TOUCH
1-4 Step right to right side. Cross left behind right. Step right to right side. Flick left behind right slapping left foot with right hand..
5-8 Step left to left side. Step right beside left. Step left to left side. Touch right beside left.
TOE STRUT X 2, BACK ROCK/SWAY, $1 / 4$ TURN SIDE ROCKISWAY
1-2 Step back on right toe. Drop heel with finger snap high. (Option: Step back on right. Snap)
3-4 Step back on left toe. Drop heel with clap. (Option: Step back on left. Clap)
5-6 Rock/sway back on right. Sway forward onto left.
7-8 Turn 1/4 right and rock/sway right to right side. Sway left.
POINT, TOGETHER, POINT, TOGETHER, TOE TOUCH, DROP HEEL X 3
1-2 Point right toe to right diagonal. Step right beside left
3-4 Point left toe to left diagonal. Step left beside right
$5 \quad$ Touch right toe slightly forward to right diagonal.
6-8 Drop right heel x 3
Have fun!
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