Ain't Your Mama



Count: 32 Wall: 4 Level: Novice

Choreographer: Rémi Lemaire (FR) - September 2016

Music: Ain't Your Mama - Jennifer Lopez

Note : □Restart after the 16th count on 2nd and 6th wall

STEP R SIDE - CROSS BEHIND - STEP R SIDE - CROSS OVER - SCUFF 1/4 TURN - STEP FWD TWICE - SWIVEL - STEP BACK

1-2 Step R to R side, Cross L behind R

&3-4 Step R to R side (&), Cross L over R (3), Scuff R in ¼ turn to R (4)

5-6 Step forward on R and L

&7-8 Revolve heels towards the outside (&), Revolve heels towards the inside (7), Step back on L

TOGETHER - STEP FWD - LOCK STEP - STEP FWD - CROSS TRIPLE STEP IN 1/4 SPIRAL - STEP TO L - CROSS BEHIND - 1/4 TURN - STEP PIVOT 1/2 TURN

&1-2 Step R next to L (&), Step forward on L (1), Cross R behind L (2)

&3&4 Step forward on L (&), Cross Triple step R in ½ turn to R by making a spiral (3&4)

&5-6 Step L to L side (&), Cross R behind L (5), Step L on L side in ¼ turn to L

7-8 Step forward on R, Pivot ½ turn to L

ROCK FWD - TRIPLE ON PLACE & FLICK - STEP PIVOT ½ TURN - STEP PIVOT ¼ TURN

1-2 Rock Step R forward, Recover
3&4 Triple step D on place with a L flick
5-6 Step forward on L, Pivot ½ turn

7&8 Step forward on L (7), Pivot ¼ turn to R (&), Step L next to R (8)

TOUCH AND TOUCH - HEEL AND HEEL - PIVOT ½ TURN - TOGETHER - BODY BUMP

1&2 Touch R to R side (1), Step R next to L (&), Touch L to L side (2)

&3&4 Step L next to R (&), Heel R forward (3), Step R next to L (&), Heel L forward (4)

&5-6 Step L next to R (&), Step forward on R, Pivot ½ turn to L

7-8 Step R next to L, Rolled the body of bottom upward to end it with a blow of breast forwards

Have fun

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