Contigo Cha Cha

Count: 32

Level: Beginner Cha Cha

Choreographer: Christina Yang (KOR) - November 2016

Music: Contigo - Estrella

Start the dance after 32 counts next to start the strong beats

SECTION 1: FORWARD ROCK, 1/2 TURN TO R WITH RECOVER, FORWARD CHASSE, FORWARD ROCK. 1/2 TURN TO L WITH RECOVER. FORWARD CHASSE

- RF forward rock, 1/2 turn to R with LF recover 1-2
- 3&4 RF forward, LF cross behind RF, RF forward
- 5-6 LF forward rock, 1/2 turn to L with RF recover
- 7&8 LF forward, RF cross behind LF, LF forward

SECTION 2: FORWARD MAMBO, FORWARD TOUCH, BACKWARD, FORWARD TOUCH, BACKWARD, FORWARD TOUCH

- 1-3 RF forward rock, LF recover, RF backward
- 4-8 LF forward touch with toe turn out, LF backward, RF forward touch with toe turn out, RF backward, LF forward touch with toe turn out

(Arm action: When you doing forward touch, straighten your opposite arm out in front of you)

SECTION 3: 3 TIMES OF FORWARD WALKS, HITCH, 3 TIMES OF BACKWARD WALKS, SIDE TOUCH

- LF forward, RF forward, LF forward with bend of LF knee, RF hitch in short hops(Arm action: 1-4 Raised both arms overhead when you jump)
- RF backward, LF backward, RF backward, LF side touch 5-8

SECTION 4: (FORWARD, SIDE TOUCH, FORWARD, SIDE TOUCH) WITH SHIMMY, CROSS OVER, 1/4 TURN TO L WITH BACKWARD, SIDE CHASSE

- (LF forward, RF side touch, RF forward, LF side touch) with shimmy 1-4
- 5-6 LF cross over RF, 1/4 turn to L with RF backward
- LF side, RF closed LF, LF side 7&8

NO TAG, NO RESTART

E-mail: chrisij0618@yahoo.com - http://www.youtube.com/user/thetrianglelinedance https://www.facebook.com/christina.yang.148553





Wall: 4