All Shapes & Sizes

Count: 112 **Wall:** 4 **Level:** Phrased Advanced
Choreographer: Kirsten Matthiessen (DK) & Jannie Tofte Stoian (DK) - January 2017
Music: Shape of You - Ed Sheeran : (iTunes)

Phrasing:☐A, B, B, C, A, B, B, C, B, B, C*, B, Ending
***On 3rd C you only dance the first 32 counts and then go straight into B**

Intro:☐16 counts (app. 9 seconds into track)

A SECTION (Always starts facing 12:00)
A[1-8]☐Samba basic R, L, Volta turn ¾ R sweep, Cross ¼ L, ☐

1-2&	Step R to R side, rock L back, recover onto R (basic samba step)☐12:00
3-4&	Repeat with L ☐12:00
5&6&7	Turn ¼ R crossing R slightly over L, ball L next to R, turn ¼ R crossing R slightly over L, ball L next to R, turn ¼ R crossing R slightly over L sweeping L CW☐09:00
8&	Cross L over R, turn ¼ L stepping R back☐06:00

A[9-16]☐¼ L, Together x2, Vine ¼ R, Rocking chair, Slow soft hitch, Step☐

1-2&	Turn ¼ L stepping L to L side, step R next to L, step L in place☐03:00
3-4&	Step R to R side, cross L behind R, turn ¼ R stepping R fw☐06:00
5&6&	Rock L fw, recover onto R, rock L back, recover onto R☐06:00
7-8	Soft hitch L, step L fw (note: imagine you're taking the step in slow motion)☐06:00

A[17-24]☐Heel swivel ¼ R x2, Sweep, Sailor ½ R, Step heel swivel x2, Back rock, Vine ¼ R☐

&1	Swivel R heel ¼ R, swivel L heel ¼ R sweeping R CW☐12:00
2&3	Turn ¼ R crossing R behind L, turn ¼ R stepping L in place, cross R slightly over L☐06:00
&4&5&	Step L to L side, swivel R heel in, swivel R heel back in place, repeat swivel w/L (weight ends on L)☐06:00
6&	Rock R back, recover onto L☐06:00
7-8&	Step R to R side, cross L behind R, turn ¼ R stepping R fw☐09:00

A[25-32]☐Rock hitch x2, Toe heel flick, Cross slide, Behind ¼ R☐

1&2&	Rock L fw, recover onto R, hitch L, step L next to R

Note: on the first (and only first) A you do the following arm movements on counts 1&2
:1: Both hands in front of you at waist level, R on top of L, palms up

&2	Keeping hands together flip inwards ending with hands at mouth level palms out on count 2☐- 09:00
3&4&	Repeat w/R foot

No arms☐09:00

5&6&	Touch L toe next to R (knee turned in) tap L heel diagonally L, flick L turning body slightly R, cross L over R☐09:00
7-8&	Slide R to R side, cross L behind R, turn ¼ R stepping R fw☐12:00

B SECTION
Counts☐Footwork☐End facing
B[1-8]☐Slow batucada x2, Batucadas, Kick out out, ☐

1-2&	Press L fw rolling hip CCW (1), transferring weight onto R (2), step L next to R (&)☐12:00
3-4&	Repeat w/ R rolling hips CW☐12:00
5&6&	Repeat counts 1-4 double tempo – travelling slightly back☐12:00
7&8	Kick L, step out L, step out R☐12:00

B[9-16]☐Hip sways, Back rock, ¼ R side cross side, Back rock step, Step ½ R x2☐

&1	Sway hips L, sway hips R□12:00
2&	Rock L back, recover onto R□12:00
3&4	Turn ¼ R stepping L to L side, cross R over L, step L to L side□03:00
5&6	Rock R back, recover onto L, step R fw□03:00
7&8&	Step L fw, turn ½ R stepping onto R, repeat□03:00

C SECTION (Always starts facing 06:00)□□

C[1-7]□Cross side rock, Jazz box ¼ R, Arm movements, Body roll, Back rock w/arms, □

1-2&	Cross L slightly over R, rock R to R side, recover onto L□06:00
3&4&	Cross R over L (3), turn ¼ R stepping L back (&), step R to R side (4)

Arms:
:4: R arm out in front of you at shoulder level, hand making a half circle – fingers pointing L
:&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle) 09:00

5-6	Body roll from top down ending with weight on R

Arms:
:5: Your hands switch shape from circle to heart bending fingers down and pulling in towards your chest□09:00

&7	Rock L back, recover onto R

Arms:
Keeping arms at shoulder level, push away when rocking back, and pull in when recovering - 09:00

C[8-15]□L lockstep sweep, Cross side rock, Rock collapse, Slide, Back pop□

8&1-2	Step L fw (8), lock R behind L (&), step L fw sweeping R CCW (1-2)□09:00
&3&	Cross R over L, rock L to L side, recover onto R□09:00
4&5-6	Rock L fw collapsing upper body (4), recover onto R straightening body (&), big step back L dragging R towards L (5-6)□09:00
&7	Step R back, touch L fw popping L knee□09:00

C[16-24]□Double body roll, ¼ L cross x2, Out out hip roll, Touch step x2, Touch□

8-1-2	Step L back starting a quick body roll from top down (8), do another body roll (1-2) weight ending L□09:00
&3&4	Turn ¼ L stepping R to R side, cross L over R, repeat□03:00
&5-6	Step out R, step out L starting ½ hip roll CCW – weight R□03:00
&7&8&	Touch L next to R, step L slightly diagonally fw, touch R next to L, step R slightly diagonally fw, touch L next to R□03:00

C[25-32]□Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Step□

1	Step L diagonally fw□03:00
2&3	Cross R behind L, step L slightly L, step R to R side□03:00
&4&	Cross L behind R, rock R to R side, recover onto L with a ¼ R□06:00
5-6	Big step back R, dragging L to R□06:00
&7&8&	Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L next to R (&)

Note: When doing the 3rd C:
You only dance up to here and go into part B.
Instead of stepping L next to R you touch L next to R on the last &□06:00

C[33-40]□Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross □

1-2&	Step R to R side, step L next to R, step R in place□06:00
3&4&5	Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back□04:30
6-7	Step R fw (6), turn 5/8 L keeping weight on R (7)□09:00
&8	Step L to L side, cross R over L□09:00

C[41-48]□Volta 7/8 L, ⅛ L Side rock, Rock sweep sweep, Sailor ¼ L cross□

1&2&3	Turn ¼ L crossing L slightly over R, ball R next to L, turn ¼ L crossing L slightly over R, ball R next to L, turn ⅜ L crossing L slightly over R□10:30

&4	Rock R to R side, recover onto L turning ⅛ L (square up)☐09:00
&5-6	Rock R fw, recover onto L sweeping R CW, step R back sweeping L CCW☐09:00
7&8	Turn ¼ L stepping L behind R, step R to slightly R, cross L over R☐06:00

C[49-56]☐Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross
(Repeat of counts 33-40)☐

1-2&	Step R to R side, step L next to R, step R in place☐06:00
3&4&5	Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back☐04:30
6-7	Step R fw (6), turn 5/8 L keeping weight on R (7)☐09:00
&8	Step L to L side, cross R over L☐09:00

C[57-64]☐Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Touch
(Similar to counts 25-32 – only the last touch is different)☐

1	Step L diagonally fw☐03:00
2&3	Cross R behind L, step L slightly L, step R to R side☐03:00
&4&	Cross L behind R, rock R to R side, recover onto L with a ¼ R☐06:00
5-6	Big step back R, dragging L to R☐06:00
&7&8&	Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), Touch L next to R (&)

Note: When doing the 1st C:
Instead of touching L next to R you step L next to R on the last & before going into part A☐06:00

Ending (starts facing 09:00)☐☐
[1-8]☐Slow batucada x2, Batucadas, Kick out out, Touch☐

1-2&	Press L fw rolling hip ccw (1), transferring weight onto R (&), step L next to R☐09:00
3-4&	Repeat w/ R rolling hips cw☐09:00
5&6&	Repeat counts 1-4 double tempo – travelling slightly back☐09:00
7&8&	Kick L, step out out L R, touch L next to R☐09:00

[9-16]☐Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Out out☐

1	Step L diagonally fw☐09:00
2&3	Cross R behind L, step L slightly L, step R to R side☐09:00
&4&	Cross L behind R, rock R to R side, recover onto L with a ¼ R☐12:00
5-6	Big step back R, dragging L to R☐12:00
&7&8&1	Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L out (&), step R out (1)

Arms:
On counts 8&1 you do:
:8: R arm out in front of you at shoulder level, hand making a half circle – fingers pointing L
:&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle)
:1: Your hands switch shape from circle to heart bending fingers down ☐12:00

Hope you enjoy