

Count: 32 Wall: 4 Level: High Beginner Choreographer: Alison Johnstone (AUS) & EWS Winson (MY) - March 2017

Maralan NA If E' (A' LIZ') (All The L' LED TE L'

Music: Wolf - First Aid Kit: (Album: The Lion's Roar - iTunes)



## Start: After 16 counts

(1-8) □□Step, Kick, Coaster Step, Rock Forward, Recover, ½ Turn Shuffle	
1, 2	Step forward R, Kick L
3&4	Step back L, Step R next to L (&), Step forward on L
5, 6	Rock forward R, Recover L
7&8	½ turn over R stepping on R, Step L next to R (&), Step forward R (6.00)
(9-16) □Step, Kick, Coaster Step, Rock Forward, Recover, ¼ Turn Chasse	
1, 2	Step forward L, Kick R
3&4	Step back R, Step L next to R (&), Step forward on R
5, 6	Rock forward L, Recover R
7&8	1/4 turn over L stepping L to side, Step R next to L (&), Step L to side (3.00)
(17-24) □Jazz Box with ¼ Turn Chasse, Dorothy Steps x 2	
1, 2	Cross R over L, Step back L,
3&4	1/4 turn over R stepping R to side, Step L next to R (&), Step R side (6.00)
5,6&	Step diagonal forward L, Lock R behind, Step diagonal forward L (&)
7,8&	Step diagonal forward R, Lock L behind, Step diagonal forward R (&)
(25-32) □Rock Forward, Recover, Toe Heel Drop with Shimmies x 2, ¼ Turn Sailor	
1, 2	Rock forward L, Recover R
3, 4	Step L toe Back, Drop L heel
5, 6	Step R toe Back, Drop R heel
(Shimmy during Toe Heels with attitude dropping down and up, counts 3-6)	

## Start Again

7&8

## \*\*Tag end wall 5 facing 3.00 - 6 counts - Mambo Forward, Mambo Back, Stomp Stomp

Step L behind R, ¼ over L stepping R to side, Step L to side

1&2 Rock fwd R, Recover L (&), Step R next to L 3&4 Rock back R, Recover L (&), Step L next to R

5, 6 Stomp on R, Stomp on L

## ENDING: You will be facing wall 9 on counts 15&16 (1/4 turn Chasse) CHANGE this to a 3/4 shuffle to face front. THE END

Thank you to my beautiful daughter Laura who sent me this music. It is her all-time favourite song (Alison ;)

We Hope You Enjoy This Dance See You All On The Dance Floor