

# This Is Me (In Nashville)

**COPPER KNOB**  
BY SHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Karen Kennedy (SCO) - January 2017

Music: This Is Me - Derek Ryan : (Album: This Is Me, Nashville Songbook or Single)



Music Download:- iTunes & Amazon, plus other music stores.

Intro:- 16 counts just before vocals kick in

## RIGHT CHASSE, ROCK BACK, RECOVER, ¼ LEFT TRAVELLING SHUFFLE BACK, ½ TURNING SHUFFLE

- 1&2 Step right to right side, close left beside right, step right to right side  
3 -4 Rock back on left, recover on right  
5&6 ¼ turn right stepping back on left, close right beside left, step left back (3.00)  
7&8 Over right shoulder ½ turning shuffle – stepping forward on right, left, right (9.00)

## ROCK FWD, RECOVER, ¼ LEFT CHASSE, RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN

- 1 -2 Rock forward on left, recover on right,  
3&4 ¼ turn left stepping left to left side, close right beside left, step left to left side (6,00)  
5&6 Cross right behind left, step left to left side, step right to right side  
7&8 Cross left behind right taking ¼ turn left, step right to right side, step left to left side (3.00)

\* Restart: during wall 4

## CROSS ROCK, RECOVER, RIGHT CHASSE, CROSS STEP, LEFT SAILOR WITH ¼ TURN

- 1 -2 Cross right over left, recover on left  
3&4 Step right to right side, close left beside right, step right to right side  
5 -6 Cross step left over to right side, step right to right side  
7&8 Cross left behind right taking ¼ turn left, step right to right side, step left to left side (12.00)

## RIGHT CHASSE, ROCK BACK, STEP ¼ TURN, ½ TURN, LEFT SHUFFLE

- 1&2 Step right to right side, close left beside right, step right to right side  
3 -4 Rock back on left, recover on right  
5 -6 ¼ turn right stepping back on left (9.00), ½ turn right stepping forward on right (3.00)  
7&8 Step left forward, close right beside left, step left forward (9.00)

## START DANCE AGAIN

Note:- During wall 4 dance first 16 counts and Restart dance facing back wall.

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