

# Throwback Love

**Count:** 56      **Wall:** 0      **Level:** Phrased Intermediate

**Choreographer:** Pim van Grootel, José miguel Belloque Vane, Raymond Sarlemijn, Jean-Pierre Madge – ~~Music 2017~~ "Throwback Love" by Meghan Trainor



**Sequence:** A-B-B-A (Restart) A-B-B-A-B-B-B  
**Starts after:** 16 Counts ( +/- 17 Sec. on Track)

## **PART A: 32 counts**

### **A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R**

- 1                    RF Step to right side
- &                    LF Close next to RF
- 2                    RF Step forward
- 3                    LF Step to left side
- &                    RF Close next to LF
- 4                    LF Step forward
- 5                    RF Step forward
- &                    LF Recover weight, 1/4 Turn right (3.00)
- 6                    RF 1/4 Turn right, stepping forward (6.00)
- 7                    LF 1/4 Turn right, stepping to left side (9.00)
- &                    RF Close next to LF
- 8                    LF 1/4 Turn right, stepping backwards (12.00)

### **A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R**

- 1                    RF Step backwards
- &                    LF Recover weight
- 2                    RF Step forward on the heel
- &                    LF Step forward on the heel
- 3                    RF Close next to LF
- &                    LF Cross over RF
- 4                    Snap your fingers
- 5                    RF Touch to right side
- &                    RF Touch next to LF
- 6                    RF Touch to right side
- 7                    RF Cross behind LF
- &                    LF Small step to left side
- 8                    RF Step to right side

**\* RESTART POINT IN 2ND TIME PART A**

### **A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE**

- &                    LF Step next to RF
- 1                    RF Step to right side
- &                    Snap the fingers
- 2                    LF 1/4 Turn left, stepping forward (9.00)
- &                    Snap the fingers
- 3                    RF 1/4 Turn left, stepping to right side (6.00)
- &                    Snap the fingers

4 LF Step to left side  
& Snap the fingers  
5 RF Cross over LF  
& LF Step backwards  
6 RF Step to right side  
& LF Step forward  
7 RF Step forward, Pushing the knee's to right  
& LF Step forward, Pushing the knee's to left  
8 RF Step forward, Pushing the knee's to right  
& LF Step forward, Pushing the knee's to left

**A4: HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X**

1 RF Heel forward  
& LF 1/4 Turn right, Recovering weight  
2 RF Step backwards  
& LF Recover weight  
3 RF Heel forward  
& LF 1/4 Turn right, Recovering weight  
4 RF Step backwards  
& LF Recover weight  
5 RF Kick diagonal right forward  
& RF Cross behind LF  
6 LF Step to left side  
& RF Cross over LF  
7 LF Kick to left side  
& LF Cross behind RF  
8 RF Step to right side  
& LF Cross over RF

**Part B: 24 counts**

**B1: TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**

1 RF Touch next to LF  
& RF Touch heel to right side  
2 RF Cross over LF  
& LF Touch next to RF  
3 LF Touch heel to left side  
& LF Cross over RF  
4 RF Jump out to the right side  
5 LF Recover weight (While jumping into it)  
6 RF Recover weight (While jumping into it)  
7 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)  
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)  
8 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)  
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

**B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X**

1 LF Step backwards  
& RF Recover weight  
2 LF 1/2 Turn right, stepping backwards (6.00)  
& RF Hitch

3 RF Step backwards  
& LF Hitch  
4 LF Step forward  
& RF Hitch, while making a 1/2 Turn left (12.00)  
5 RF Step backwards  
& LF Hitch, while making a 1/2 Turn left (6.00)  
6 LF Step forward  
& RF Hitch  
7 RF Step forward  
& LF 1/2 Turn left, stepping forward (12.00)  
8 RF Stomp  
& LF Stomp

**B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R**

1 RF Step forward  
2 LF Kick forward  
3 LF Step backwards  
4 RF Touch backwards  
5 RF Cross over LF  
6 LF 1/4 Turn right, stepping backwards (3.00)  
7 RF 1/4 Turn right, stepping to right side (6.00)  
8 Lf Small step forward

**\* Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**