

# The Sweetest Days

**COPPER KNOB**  
BY CONCEPTS

**Count:** 32    **Wall:** 4    **Level:**

**Choreographer:** Amanda Bowden (Vic) & Gordon Elliott (NSW). June 2017

**Music:** "The Sweetest Days" By Vanessa Williams. Album: "The Sweetest Days"



**This dance is done in FOUR directions. Introduction : 16 Beats**

**Original Position: Feet Together Weight On The Left Foot.**

## **COASTER FORWARD, BEHIND-1/4 FORWARD-QUICK PIVOT-FORWARD FULL HITCH, FORWARD-TOGETHER-BACK, BACK**

- 1 & 2            Coaster : Step R Forward, Step L Together, Step R Back,
- 3 &              Sweep To Step L Behind Right, Turn 90? Right Step R Forward, (3.00)
- 4 &              Pivot : Step L Forward, Turn 180? Right Take Weight Onto R, (9.00)
- 5                Step L Forward Turning 360? Right Hitch R, (9.00)
- 6 &              Step R Forward, Step L Together,
- 7, 8             Sweep To Step R Back, Sweep To Step L Back. (9.00)

## **BACK-HOOK-FORWARD-SWEEP-ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK & ACROSS, ROCK &**

- 1 &              Step R Back, Hook L Heel To Right Shin,
- 2 &              Step L Forward, Sweep R Toe To The Side, (9.00)
- 3 &              Step R Across In Front Of Left, Step L To The Side,
- 4 &              Step R Behind Left, Step L To The Side,
- 5, 6 &          Step R Across In Front Of Left, Rock Onto L, Step R Together,
- 7, 8 &          Step L Across In Front Of Right, Rock Onto R, Step L Together. (9.00)

## **FORWARD 1/2 SWEEP, BEHIND-SIDE-ACROSS, SIDE-ROCK-ACROSS, 1/4 BACK-1/2 FORWARD-FORWARD, ROCK &**

- 1                Step R Forward Turning 180? Left Sweep L Toe To The Side, (3.00)
- 2 & 3            Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,
- 4 & 5            Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left,
- 6 &              Turn 90? Right Step L Back, Turn 180? Right Step R Forward, (12.00)
- 7, 8 &          Step L Forward, Rock Back Onto R, Step L Together. (12.00)

## **PIVOT TURN, ROLL FORWARD-FORWARD, BACK-1/2 FORWARD-1/4 SIDE & ACROSS, ROCK &**

- 1, 2            Pivot : Step R Forward, Turn 180? Left Take Weight Onto L, (6.00)
- 3 &              Turn 180? Left Step R Back, Turn 180? Left Step L Forward, (6.00)
- 4                Step R Forward,
- 5 &              Step L Back, Turn 180? Right Step Forward, (12.00)
- 6 &              Turn 90? Right Step L To The Side, Step R Together, (3.00)
- 7, 8 &          Step L Across In Front Of Right, Rock Onto R, Step L Together. (3.00)\*\*

## **[32] REPEAT THE DANCE IN NEW DIRECTION**

### **TAG : At the END ( \*\* ) of WALL 2 (6.00) ADD the following tag :**

- 1 & 2            Coaster : Step R Forward, Step L Together, Step R Forward,
- 3 & 4            Coaster : Step L Back, Step R Together, Step L Forward,
- 5, 6            Rocking Chair : Step R Forward, Rock Back Onto L,
- 7, 8            Step R Back, Rock Forward Onto L.