The Sweetest Days

Count: 32

Wall: 4

Level:

Choreographer: Amanda Bowden (AUS) & Gordon Elliott (AUS) - June 2017

Music: The Sweetest Days - Vanessa Williams : (Album: The Sweetest Days)

This dance is done in FOUR directions. Introduction : 16 Beats Original Position: Feet Together Weight On The Left Foot.

COASTER FORWARD, BEHIND-1/4 FORWARD-QUICK PIVOT-FORWARD FULL HITCH, FORWARD-**TOGETHER-BACK, BACK**

- Coaster : Step R Forward, Step L Together, Step R Back, 1&2
- 3& Sweep To Step L Behind Right, Turn 90 Right Step R Forward, (3.00)
- 4 & Pivot : Step L Forward, Turn 180 Right Take Weight Onto R, (9.00)
- 5 Step L Forward Turning 360 Right Hitch R, (9.00)
- Step R Forward, Step L Together, 6&
- Sweep To Step R Back, Sweep To Step L Back. (9.00) 7,8

BACK-HOOK-FORWARD-SWEEP-ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK & ACROSS, ROCK &

- 1& Step R Back, Hook L Heel To Right Shin,
- Step L Forward, Sweep R Toe To The Side, (9.00) 2&
- 3& Step R Across In Front Of Left, Step L To The Side,
- 4 & Step R Behind Left, Step L To The Side,
- 5,6& Step R Across In Front Of Left, Rock Onto L, Step R Together,
- 7,8& Step L Across In Front Of Right, Rock Onto R, Step L Together. (9.00)

FORWARD 1/2 SWEEP, BEHIND-SIDE-ACROSS, SIDE-ROCK-ACROSS, 1/4 BACK-1/2 FORWARD-FORWARD, ROCK &

- Step R Forward Turning 180□ Left Sweep L Toe To The Side, (3.00) 1
- Step L Behind Right, Step R To The Side, Step L Across In Front Of Right, 2&3
- 4 & 5 Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left,
- Turn 90□ Right Step L Back, Turn 180□ Right Step R Forward, (12.00) 6&
- 7,8& Step L Forward, Rock Back Onto R, Step L Together. (12.00)

PIVOT TURN, ROLL FORWARD-FORWARD, BACK-1/2 FORWARD-1/4 SIDE & ACROSS, ROCK &

- 1, 2 Pivot : Step R Forward, Turn 180□ Left Take Weight Onto L, (6.00)
- 3& Turn 180□ Left Step R Back, Turn180□ Left Step L Forward, (6.00)
- 4 Step R Forward,
- 5& Step L Back, Turn 180 Right Step Forward, (12.00)
- 6& Turn 90□ Right Step L To The Side, Step R Together, (3.00)
- 7,8& Step L Across In Front Of Right, Rock Onto R, Step L Together. (3.00)**

[32]□REPEAT THE DANCE IN NEW DIRECTION

TAG : At the END (**) of WALL 2 (6.00) ADD the following tag :

- 1&2 Coaster : Step R Forward, Step L Together, Step R Forward,
- 3 & 4 Coaster : Step L Back, Step R Together, Step L Forward,
- 5,6 Rocking Chair : Step R Forward, Rock Back Onto L,
- Step R Back, Rock Forward Onto L. 7,8



