

Burn Out

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Karen Tripp (CAN) - August 2017

Music: Burn Out - Midland : (Album: Midland - EP)



Short intro: begin on the word "burn" on the lyrics "watching cigarettes burn out"

S1: R BIG SIDE STEP R, HOLD, L BALL, R SIDE, L TOUCH, (2X) SIDE, TOUCH (12:00)

- 1-2 Big step side right, draw left to right to a touch
- &3-4 Step left next to right, step side right, touch left toe next to right
- 5-6 Step side left, touch right to left
- 7-8 Step side right, touch left to right

S2: L BIG SIDE STEP L, HOLD, R BALL, L SIDE, R CROSS ROCK, L RECOVER, R SHUFFLE ¼ R, L FORWARD (3:00)

- 1-2 Big step side left, draw right to left to a touch
- &3 Step right next to left, step side on left
- 4-5 Cross right over left, recover weight to left
- 6&7 Shuffle ¼ right stepping right, left, right (3:00)
- 8 Step forward on left

S3: R PIVOT ½ TURN R, L TURNING SHUFFLE ½ R, R BACK SHUFFLE, L REVERSE ROCKING CHAIR (3:00)

- 1 Pivot ½ right and step on right (9:00)
- 2&3 Shuffle ½ turn right stepping left, right, left (3:00)
- 4&5 Shuffle back stepping right, left, right
- 6-7 Rock back on left, recover forward on right
- 8-1 Rock forward on left, recover back on right

S4: L FULL TURN LEFT, L FORWARD, R SIDE, L HEEL, L BALL, R CROSS, L SIDE, R HEEL, R BALL, L CROSS (3:00)

- 2 Turn ½ left and step on left
- 3 Turn ½ left and slightly back on right
- 4 Step slightly forward on left
- &5 Step side right, tap left heel out
- &6 Step left, cross right over left
- &7 Step side left, tap right heel out
- &8 Step right, cross left over right

Easier option for counts 2,3,4 – Coaster Step (back on left, close on right, forward on left)

Restart: Wall 7 starts facing 6:00, Restart after 16 counts facing 9:00.

Ending: Wall 10 start facing 3:00, dance up to count 26. Facing 6:00, do the reverse rocking chair. Turn ½ left (count 26) and hold, facing 12:00. Sweep right foot from back to front to a touch.