Everybody's Groovin'

1 2

5

7

1 2

3

4

7

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Rhoda Lai (CAN) & Jo Thompson Szymanski (USA) - August 2017 Music: Everybody's Groovin' by MaxAMillion - Take Your Time - (4:06) 108 bpm

Intro: 48 counts (start counting with the heavy beats) [1-8] ROCK RIGHT SIDE, 1/4 TURN L with FLICK, TRIPLE FORWARD, 1/2 CHASE TURN R, FULL L TURN (OR WALK, WALK) Rock R to right side pushing hips slightly to right and turning upper body slightly right (1) Turn 1/4 left to face 9:00 as you step L in place flicking R foot up behind (2) (9:00) Step R forward (3); Step L beside R heel (&); Step R forward (4) 3&4 5&6 Step L forward (5); Turn 1/2 right shifting weight to R (&); Step L forward (6) (3:00) 7-8 Turn 1/2 left stepping R back (7); Turn 1/2 left stepping L forward (8) (3:00) Note: You may omit the full turn on counts 7-8 by walking forward R, L. [9-16] SYNCOPATED LOCK STEPS X 2, FORWARD ROCK, RECOVER, BACK, BACK 1-2& Step R diagonally forward right (heavy step) (1); Cross L behind R (2); Step R to right (&) 3-4& Step L diagonally forward left (heavy step) (3); Cross R behind L (4); Step L to left (&) Rock R forward (5); Recover onto L (6) 5-6 Step R back (pull R shoulder back) (7); Step L back (pull L shoulder back) (8) (3:00) 7-8 *3 Restarts: Each time you Restart, you will do a 1/4 turn right to rock R to right side Restart #1 - On repetition 4 you are facing 3:00, dance 16 counts and Restart facing 9:00 Restart #2 - On repetition 8 you are facing 12:00, dance 16 counts and Restart facing 6:00 Restart #3 – On repetition 10 you are facing 3:00, dance 16 counts and Restart facing 9:00 [17-24] 1/4 TURN R, POINT L, SWITCH POINT R & L, BODY ROLL, & STEP SIDE, HOLD, & 1/4 TURN L 1-2 Turn 1/4 right stepping R to right (1); Touch L to left side (2) (6:00) &3&4 Step L beside R (&); Touch R to right side (3); Step R beside L (&); Touch L to left side (4) With body facing slightly right, roll body back from top down shifting weight to L foot (5) &6 Step R beside L (&); Squaring body up to 6:00 step L to left (6) (6:00) Hold (7) Step R beside L (&); Turn 1/4 left stepping L forward (8) (3:00) &8 [25-32] KNEE POP/CAMEL WALK TURNING L 1/2, OUT, OUT, BALL CROSS (OR FULL TURN R) Turn 1/4 left stepping R to right popping L knee forward with ball of L on floor (1) (12:00) Turn 1/4 left stepping L forward popping R knee forward with ball of R on floor (2) (9:00) Step R forward popping L knee with ball of L on floor (body facing slightly left) (3) Lock step L behind R popping R knee forward with ball of R on floor (4) 5-6 Squaring body to face 9:00 – Strong step R to right (5); Strong step L to left (6) Hold (7) &8 Step ball of R slightly back (&); Step L across R (8) (9:00) Turning option: Prep your body slightly left on count 6. Then, you may do a full turn right traveling to the right with small steps R, L on counts &8. Begin again. Enjoy!

Contacts: Jo - jo.thompson@comcast.net - Rhoda - rhoda eddie@yahoo.ca



