

Stand Up For Love

COPPER KNOB
STEPSHEETS

Count: 48

Wall: 4

Level: Improver

Choreographer: Heather Barton (SCO) - September 2017

Music: Stand Up (feat. Chris Carmack) - Nashville Cast



#8 count intro begin on vocals, available from iTunes / Amazon

[1-8] Right side rock, Right cross shuffle, $\frac{3}{4}$ turn Right, Left shuffle forward

- 1-2 Side rock right, recover on Left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 $\frac{1}{4}$ turn right by stepping back left, $\frac{1}{2}$ turn right by stepping forward right (9 o'clock)
- 7&8 step forward left, step right beside left, step forward left

[9-16] Syncopated forward rocks, Left shuffle back, Right toe back, Unwind $\frac{1}{2}$ turn

- 1-2 Rock forward Right, recover on left
- &3-4 step right beside left, rock forward left, recover on right
- 5&6 Step back left, step right beside left, step back left
- 7-8 Touch right toe back, unwind $\frac{1}{2}$ turn right (weight on right) (3 o'clock)

[17-24] Left & Right kick cross point, Left cross, $\frac{1}{4}$ turn, Left coaster

- 1&2 Kick left forward, cross left over right, point right to right
- 3&4 Kick right forward, cross right over left, point left to left
- 5-6 cross left over right, $\frac{1}{4}$ turn Left by stepping back right (12 o'clock)
- 7&8 Step back left, step right beside left, step forward left

Restart: 3rd wall

[25-32] Right cross rock, Right side, Left touch, Left side, Right behind, Left rock & cross

- 1-2 Cross rock right over left, recover on left
- 3-4 Step right to right side, touch left beside right
- 5-6 Step left to left, right step behind left
- 7&8 Rock left to side, Rec on Right, Cross Left over right (12 o'clock)

Restart: 6th Wall

[33-40] Right point, Cross right, Left point, Cross left, Right back, Left point, Left sailor $\frac{1}{4}$ turn

- 1-2 Point right to right, cross right over left (move slightly fwd on point crosses)
- 3-4 Point left to left, cross left over right
- 5-6 Step right back, point left to left side
- 7&8 $\frac{1}{4}$ turn left step left behind right, step right to right, step left to left (9 o'clock)

[41-48] Right rocking chair, Right forward, $\frac{1}{2}$ pivot, Walk Right Left

- 1-2 Rock right forward, recover on left
- 3-4 Rock right back, recover on left
- 5-6 Step forward right, $\frac{1}{2}$ pivot turn left
- 7-8 walk forward right, walk forward left (3 o'clock)

Restarts:-

- 3 rd wall – dance up to count 24 (Restart facing 6 o'clock)
- 6 th wall – dance up to count 32 (Restart facing 12 o'clock)

On last wall (10) you will be facing front wall dance up to count 21 & change the $\frac{1}{4}$ turn to step side finish on coaster

Happy Dancing, hcbootleggers26@aol.com

