Follow My Lead

Count: 32 **Wall:** 2 **Level:** Improver
Choreographer: Judy Rodgers (USA) - February 2018
Music: Shape of You - Ed Sheeran

#16 count intro (No Tags Or Restarts)

S1: Kick & point & step heel twists, coaster step, rock recover

1&2	Kick R fwd, step on ball of R, point L to left side
&3&4	Step L beside R, step R fwd, twist both heels to right, twist both heels back to center
5&6	Step R back, step L beside R, step R fwd
7-8	Rock L fwd, recover R

S2: Turn 1/4 L step, behind, side, cross, hold, side, behind, hold, side cross rock together

1-2&	Turn 1/4 left step L to left side, step R behind L, step L to left - 9:00
3-4	Cross R over L, hold
&5-6	Step L to left, step R behind L, hold
&7&8	Step L to left, cross/rock R over L, recover L, step R beside L

S3: Step lock & step lock, rock recover, turn 1/2 L shuffle

1-2&	Step L fwd left diagonal, lock R behind L, step L fwd
3-4&	Step R fwd right diagonal, lock L behind R, step R fwd
5-6	Rock L fwd, recover R
7&8	Turn 1/2 left shuffle L R L 3:00

S4: Side, behind, turn 1/4 R, step, touch, coaster step, run run run

1-2&	step R to right side, step L behind R, turn 1/4 right step R fwd - 6:00
3-4	Step L fwd, touch R beside L
5&6	Step R back, step L beside R, step R fwd
7&8	Run L R L (bend knees as you start to run...have knees straight by count 8)