La Isla Bonita

Count: 32 **Wall:** 4 **Level:**
Choreographer: Steve Mason (UK)
Music: La Isla Bonita (Dance Mix) - Waylander

TOE & HEEL TOUCHES, CLAP, TOE & HEEL TOUCHES, CLAP

1&2	Touch left toes to left side, quickly step left foot to place, touch right toes back.
&3&4	Quickly step right foot in to place, touch left heel forward, angle upper body right & double clap hands over right shoulder (&4).
&5&6	Quickly step left foot in to place, touch right toes to right side, quickly step right foot in to place, touch left toes back.
&7&8	Quickly step left foot in to place, touch right heel forward, angle upper body to left & double clap hands over left shoulder (&8).

RIGHT ¼ TURN SAILOR STEP, LEFT KICK BALL CHANGE, 3 STEP FULL TURN LEFT, TOUCH

9&10	Step right foot behind left foot, rock step left foot to left side as you make ¼ turn right, rock weight on to right foot.
11&12	Kick left foot forward, quickly step on to ball of left foot in place, quickly transfer weight on to right foot.
13-16	Step left foot ¼ turn left, continuing turning step ½ turn on to right foot, turn ¼ turn on to left foot to complete full turn turn to left, touch right foot by left foot.

HEEL GRIND, STEP, CROSSING SHUFFLE, CROSS ROCK STEP, RIGHT & LEFT

17&18	Touch right heel forward with toes facing left, grind on right heel until toes are facing right.
19&20	Angle lower body right keeping upper body facing forward, cross step left foot over right foot diagonally right, slide right foot to left foot, cross step left foot diagonally over right foot.
21&22	Angle lower body left keeping upper body facing forward, cross rock step right foot over left foot, rock weight back on to left foot in place, step right foot in place beside left foot.
23&24	Touch left heel forward with toes facing right, grind on left heel until toes are facing left.
25&26	Angle lower body left keeping upper body facing forward, cross step right foot over left foot diagonally left, slide left foot to right foot, cross step right foot diagonally over left foot.
27&28	Angle lower body right keeping upper body facing forward, cross rock step left foot over right foot, rock weight on to right foot in place, step left foot in place beside right foot.

STEP ½ PIVOT, HEEL JACK

29-30	Step forward on right foot, pivot ½ turn left on balls of feet.
&31&32	Quickly step back on right foot, touch left heel forward, quickly step left foot in to place, stomp right foot next to left foot, putting all weight on right foot.

REPEAT